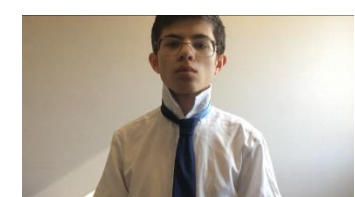
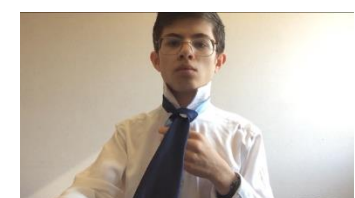
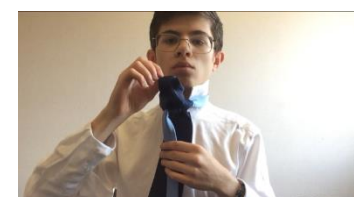
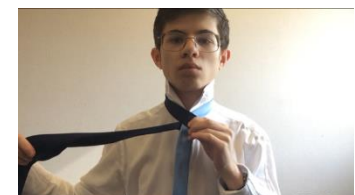
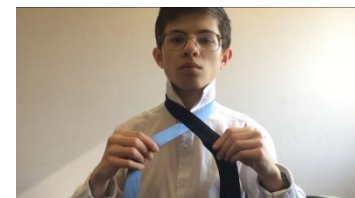


What you will need

- A tie
- A mirror

Instructions – Simple Knot

1. Place the inside half on the left and the outside half on your right. The outside half should be longer.
2. Cross the right over the left.
3. Bring the right under the left and out to the side. Make sure to hold the crossed part in the middle.
4. Bring the right over the left, keeping the crossed part secure.
5. Take the right end and bring it under and through the loop around your neck. Then thread it through the crossed part.
6. Bring the whole right end through the hole.
7. Adjust and tighten the tie by using the left end. It should be underneath and hidden by the right end.
8. Congratulations! You have successfully tied a simple knot!



Instructions – Harder Knot

If you thought the first knot was easy, give this knot a try!

1. Like before, place the inside half on the left and the outside half on the right. Make the right end slightly longer than before.
2. As before, cross the right over the left.
3. This time, bring the right end under and over the loop around your neck.
4. Take the right end and bring it under the knot. Make sure not to let go of that middle piece.
5. Bring the right end over and around the knot.
6. Then take the working end and bring it under and over the loop. Thread it through the middle knot.
7. Bring the entire end through, and adjust and tighten.
8. Congratulations, you're done!

