



Exploring 4-H at Home



Community Engagement
and Communications

Pillar: Community Engagement and Communications

Project: 4-U Self Determined

Activity: Learn a New Language



**4U Self
Determined**

Reference and Activity
Guide

Are you ready for a challenge?

Let's learn some phrases and numbers in 5 different languages!

We recommend choosing just one language and learning all the phrases and numbers before moving on to the next one.

Once you've learned all the numbers from a language, take a video and post it on our Exploring 4-H page or use the hashtag #exploring4hathome.

Challenge your friends to do the same thing. You could even make it a competition to see who can learn it first!

Here are videos that will help you learn the pronunciations for the numbers for each language:

- French
 - <https://www.youtube.com/watch?v=5kza79Da7bg>
- Spanish
 - <https://www.youtube.com/watch?v=GvWRgpt6IQc>
- Ukrainian
 - <https://www.youtube.com/watch?v=TGmBdPJTUJY>
- Japanese
 - <https://www.youtube.com/watch?v=zqNotzty3kE>
- Swahili
 - <https://www.youtube.com/watch?v=sPzBThnUbWw>

Here are a few tips that will help you learn the phrases and numbers we have provided on the next page:

- Learn with someone else!
 - It is so much easier to learn a new language when you can work together
- Practice out loud
 - If you don't have anyone to learn with, speak out loud to yourself.
- Take your time
 - You don't have to learn all the languages at the same time.
 - Pick one and start with that. Once you know it really well then move to another language until you've learned all 5!
 - This might take weeks and not days
- Start looking for things and counting them in the language you are learning
 - This helps remember the numbers and makes recall easier later on.
- Learn how to roll (or trill) the 'r'.
 - This will be important because you will use it for French, Spanish and Ukrainian
 - If you don't know what this means watch this video
 - <https://www.youtube.com/watch?v=cjoOD8SVhos>
- Have fun!
 - Don't be afraid to make mistakes while learning the new language.

Numbers	English	French	Spanish	Ukrainian	Japanese	Swahili
1	One	Un (ung)	uno (OO-noh)	один (odyn)	ichi, (ee-chee)	moja
2	Two	Deux (deu)	dos (doss)	два (dva)	ni, (nee)	mbili
3	Three	Trois (trwa)	tres (tres)	три (tre)	san, (sahn)	tatu
4	Four	Quatre (katr)	cuatro (KWA-tro)	чотири (chotere)	yon, (yohn)	nne
5	Five	Cinq (sank)	cinco (SEEN-ko)	п'ять (p'yat')	go, (goh)	tano
6	Six	Six (seece)	seis (SAISS)	шість (shist')	roku, (loh-koo)	sita
7	Seven	Sept (set)	siete (SYE-te)	сім (seem)	nana, (na-na)	saba
8	Eight	Huit (wheat)	ocho (O-cho)	вісім (vee-seem)	hachi, (hah-chee)	nane
9	Nine	Neuf (neuf)	nueve (NWAi-be)	дев'ять (dev'yat')	kyuu, (kyoo)	tisa
10	Ten	Dix (deece)	diez (DYESS)	десять (desyat')	juu, (joo)	kumi
	Hello	Bonjour (bohng-ZHOOR)	Hola (OH-lah)	Добрий день (dobrey deyn')	Kon'nichiwa (ko-nee-chi-wah)	Habari
	Goodbye	Au revior (oh RVWAHR)	Adiós (ah-DYOHSS)	До побачення (do po-bachenya)	Sayōnara (sah-YO-na-ra)	Kwaheri
	Yes	Oui (WEE)	Sí (SEE)	Так (tak)	Hai (hi)	Ndio (n-DEEYO)
	No	Non (NOHNG)	No (NOH)	Ні (nee)	lie (ee-yeh)	Hapana
	Thank You	Merci (mehr-SEE)	Gracias (GRAH-SYAHSS)	Дякую (d'yakyoo-you)	Arigatō (ari-ga-toe)	Asante
	Where is the Bathroom?	Où sont les toilettes? (OOH sohng lay twa-LEHT?)	¿Dónde está el baño? (DOHN-day ehss-TAH ehl BAHN-yoh?)	Де кімната? (de kimnata)	Toire wa doko desu ka? (toi-re wa dokodes-ka)	Cho kiko wapi?
	My name is...	Je m'appelle (zhuh mah-PEHLL.....)	Me llamo ... (may YAH-moh ...)	Мене звать ... (mene zvayoot ...)	Watashi no namae wa [name] desu	Jina langu ni ... (gheena langoo nee)