



Exploring 4-H at Home



Environment & Healthy
Living

Pillar: Environment & Healthy Living

Activity: The Habitats Game!

Introduction

A **habitat** is where an animal makes their home. It could be a tree, a lake or a burrow. It offers protection from predators and/or the environment and is close to food and water. However, sometimes these **resources** become harder to find. It could be because more animals have moved into the area or because there are less predators. It could be because the environment is changing (getting warmer/colder, water levels rising/falling). It could also be because humans need the space to raise crops, livestock or their family! Animals then have to adapt to these new conditions or migrate if they want to survive.

Activity

In this activity, you will need a blanket or a piece of large cloth. This represents your habitat, with all the resources that you need. Each turn, fold the cloth in half. Can you still fit? For a harder challenge, fold the cloth in half without stepping off. This represents your resources disappearing. You can play this game by yourself or with partners, but remember, every person you add makes the game that much harder!

Reflection Questions

Was the game easy or hard to play? How small could you make the cloth without falling off? When you played with someone else, did it become easier or harder? Can you think of any reasons why resources might disappear? Can you think of any reasons space for habitats might disappear? What can you do to help?