



Exploring 4-H at Home - Camp

Homemade Ice cream in a Bag

Ingredients:

- 1/2 cup half & half or milk
- 1/4 teaspoon vanilla
- 1 Tablespoon sugar
- 1/3 cup rock salt
- 3 cups of crushed ice
- 1 gallon size freezer bag
- 1 sandwich size freezer bag

Directions: In a larger [gallon-size freezer bag](#), mix salt and ice. In the sandwich-size freezer bag, mix together half & half, vanilla, and sugar (*and* cocoa powder if making chocolate ice cream). Seal sandwich-size bag tightly and place inside the gallon bag. Seal gallon-size bag tightly, and shake for about 5-10 minutes until mixture is frozen. This is the perfect opportunity for a kid helper but consider using gloves or a kitchen towel because the mixture will be cold. Be gentle enough not to break the bag.

Eat right from the bag or scoop in a bowl or cone.

