

Bits & Pieces

Spring 2021



CANADA
4-H Saskatchewan





CANADA

4-H Saskatchewan

4-H Saskatchewan is a project-based youth organization dedicated to the growth and development of our members, leaders, volunteers, and staff through our motto:

Learn To Do By Doing

Provincial 4-H Office

The provincial office is made up of a dynamic staff team ready to serve our new and existing members, leaders and clubs throughout the province. The provincial office staff is happy to be of assistance, so please do not hesitate to contact us.

CONTACT US!

Phone: (306) 933-7727
Fax: (306) 933-7730
E-mail: info@4-h.sk.ca

VISIT OR MAIL US!

Address: 3830 Thatcher Avenue
Saskatoon, SK. S7R 1A5

Hours: Monday to Friday
8:30 a.m. to 4:30 p.m.
Closed on holidays

EXECUTIVE DIRECTOR

Cera Youngson 306-933-7729
manager@4-h.sk.ca

COMMUNICATIONS

Jodi Schellenberg 306-933-6961
communications@4-h.sk.ca

ADMINISTRATION

Karrie Watson 306-933-7728
4hservices@4-h.sk.ca

FRONT DESK

Shirley Wensley 306-933-7727
frontdesk@4-h.sk.ca

ACCOUNTING

Sandi Sirois 306-933-7731
accounting@4-h.sk.ca

DEVELOPMENT

Shelby Corey 306-933-7348
development@4-h.sk.ca

REGIONAL 4-H SPECIALISTS

Each region has a Regional 4-H Specialist available to support the members, leaders, and clubs in that region. Contact your Regional 4-H Specialist with questions, or if you require support. They are also happy to help with club start-ups, and offer workshops for clubs.



NORTH WEST

Kalynne Martin

Office: 306-933-6723
Cell: 306-280-3755
Email: northwest@4-h.sk.ca

NORTH EAST

Shelby Longworth

Office: 306-964-1544
Cell: 306-220-6315
Email: northeast@4-h.sk.ca



SOUTH WEST

Kaitlyn Keller

Office: 306-964-1545
Cell: 306-229-2064
Email: southwest@4-h.sk.ca

SOUTH EAST

Melodi Hawkesford-Lee

Office: 306-787-1958
Cell: 306-529-5446
Email: southeast@4-h.sk.ca



Board of Directors

The role of the Board of Directors is to set direction and policy of the 4-H program. They contribute to defining the organization's Mission, Vision and Core Values and governing their fulfillment.

EXECUTIVE OFFICERS

PRESIDENT	Cameron Choquette
VICE-PRESIDENT	Becky Huber
SECRETARY	Brittany Stepp

NORTH WEST LEADER DELEGATES

Cameron Choquette	306-327-8460 (C)
Becky Huber	306-948-7506
Louise Sroka	306-895-3117

NORTH EAST LEADER DELEGATES

Mike Kirzinger	306-944-4244 (H)
Michell Heidecker	306-231-8783
Trena Hoffus-Preston	306-930-2525

SOUTH WEST LEADER DELEGATES

Stan Figley	306-375-2775 (H)
Alvin Pawlitz	306-689-2597 (H)
Kylie Mackie	306-558-7144 (C)

SOUTH EAST LEADER DELEGATES

Glenn Gress	306-487-3279 (H)
Jason Frey	306-486-7230
Brittany Stepp	306-861-4179 (H)

18-YEAR-OLD MEMBER DELEGATES

Dylan Watt	306-859-7830
Brooklyn Trask	306-491-9902

MINISTRY OF AGRICULTURE REPRESENTATIVE

Leah Clark	306-946-3237 (W)
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REPRESENTATIVE TO SK 4-H FOUNDATION

Mike Kirzinger	306-944-4244 (H)
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REPRESENTATIVE TO ADVISORY COUNCIL

Louise Sroka	306-895-3117
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Youth Advisory Council

The Youth Advisory Council brings the opinions, ideas, and voice of youth 4-H members to the Saskatchewan 4-H Council.

REGIONAL MEMBER ADVISORS

NW	Amanda Kaminski	Coming soon!
NE	Shayla Preston	Coming soon!
SW	Kennedy MacNeil	blueblanket037@gmail.com
SE	Grace Christensen	glchristensen.34@gmail.com

CANADIAN YOUTH ADVISORY COMMITTEE

Brett Rumpel	306-731-2429(H)
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18-YEAR-OLD MEMBER DELEGATES

Dylan Watt	306-859-7830
Brooklyn Trask	306-491-9902

Contact your Regional Representatives if you would like to share your opinions, suggestions, or concerns relating to the Saskatchewan 4-H Council's policy, programming or direction.

Bits & Pieces

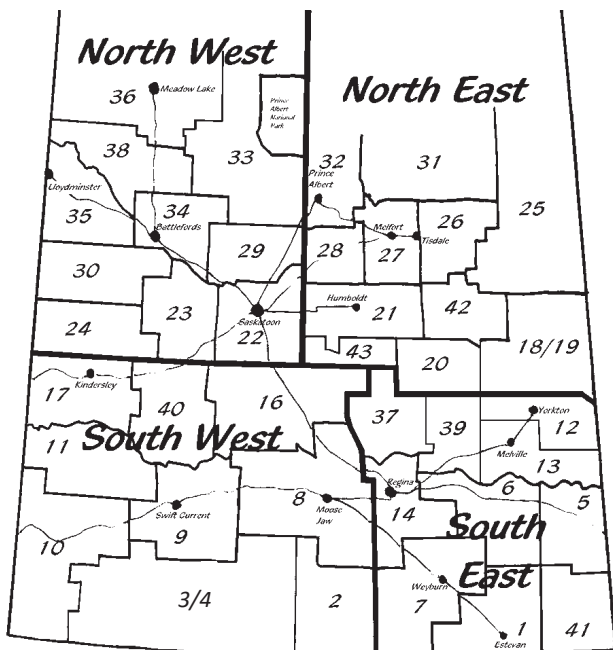
Bits & Pieces is the official publication of 4-H Saskatchewan. It is published tri-annually for distribution to all 4-H members and leaders in mid-September, December/January and May/June.

Whether you have recently participated in a 4-H opportunity or you just want to share a lesson you've learned from your 4-H experience, you can submit an article for the next issue of *Bits & Pieces*. Club reporters are encouraged to share their club's 4-H stories too! The submission deadline for the next issue is August 2021.

About 4-H in Saskatchewan

The Saskatchewan 4-H Council administers the 4-H program in Saskatchewan. It is made up of one member and one leader delegate from each District Council. The entire Council meets annually at the Saskatchewan 4-H Council Annual General Meeting (AGM), held in March. At AGM, a Board of Directors and Advisory Council is elected to carry out the work of the Council between annual general meetings.

The Council, through its Board of Directors, Advisory Council and committees, determines policies and programs at the provincial level. The Saskatchewan 4-H Council employs and, by way of the Executive Director, directs a 4-H staff team.



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On The Cover

Tenesha Libel from the Arborfield Multiple 4-H Club shows off her dessert during their Zoom meeting challenge.

For full story, see page 48.

Submission Guidelines

- articles should be 100-300 words, state the author's name, have a title and accompanying photo(s)
- photos should include a caption including when and where the photo was taken and the names of the people in the photo
- digital photos should be 1MB or larger, if possible
- send your submission to the Provincial 4-H Office, or by email to communications@4-h.sk.ca

****Please note that we make great effort to accommodate each article and photo we receive; however, articles may be shortened or withheld from the upcoming issue due to spatial restraints.**

4-H Saskatchewan News

Regional Public Speaking

North West

The North West Public speaking was a great success! We had 32 speakers representing all 10 districts at the event. We started with the Cloverbud and Intermediates in the morning and ended with the Junior and Senior members in the afternoon.

Congratulations to all participants on your amazing speeches and your ability to adapt to the changes needed to perform in front of a live virtual audience where you couldn't see anyone! This is a huge accomplishment and shows your resilience and willingness to adapt. Congratulations to the North West first and second place winners who moved on to Provincials.

Lastly, we would like to thank District 29 for assisting with sourcing judges and medals for the winners, Amanda Kaminski, our North West Advisory Council Member for being the MC for the day and the Judges; Alison Fransoo, Jasmin Parker, Kody Farrow, Will Chalmers, Lois Ridgeway and Shannon Whitney for taking time out of their schedules to judge some amazing speeches.

South West

The South West Public speaking was held May 2. We had 30 speakers representing eight districts at the event. We started with the Cloverbud and Junior members in the morning and ended with the Intermediates and Senior members in the afternoon.

A huge congratulations to all members who participated in our first virtual regional public speaking! It was a great day with both morning and afternoon sessions. It was so wonderful to hear your speeches for this year.

We would like to thank District 10 for their adaptability and assisting with the virtual event, Hannah Leipert a South West Ambassador for being the MC for the morning, Kennedy MacNeil, our South West Advisory Council Member for being the MC for the afternoon and the Judges; Janelle Davey, Erika Stewart, Kaitlyn Yewsuk, Shelley Jones, Bev Reid, Naomi Greenwood, Christa Lawrence- Bowhay, Michelle Panko and Nikki Henderson for taking time out of their schedules to judge some amazing speeches.

Cloverbud:

1. Edie Toner, Handel 4-H Multiple Club
2. Kendele Noble, Durness Multi 4-H Club
3. Rheyenne Crocker, Sunset Rangers Multiple 4-H Club

Junior:

1. Hannah Hougham, Hillmond 4-H Beef Club
2. Sawyer Flahr, Kerrobert Multiple 4-H Club
3. Emery Shkopich, Meadow Lake 4-H Beef Club

Intermediate:

1. Marleigh Mann, Northminster 4-H Beef Club
2. Jessica Wood, Crown Hill 4-H Beef Club
3. Danae Wood, Unity & District Multiple 4-H Club

Senior:

1. Martine Bosse, Herds of Thunder 4-H Club
2. Julie-Anne Warner, Makwa 4-H Beef Club
3. Hillary Hunter, Paradise Hill Multiple 4-H Club

Cloverbud:

1. Wade McEachern, Abbey-Lancer 4-H Beef Club
2. Lucy Jane Wall, Herbert Grazers 4-H Beef Club
3. Owen Elliott, Bear Creek 4-H Multiple Club

Junior:

1. Zoe Meggison, Missouri Coteau 4-H Multiple Club
2. Mia Mackie, Reno Multiple 4-H Club
3. Chase Dyrland, Nomads 4-H Beef Club

Intermediate:

1. Olivia Keslick, Maple Creek Multiple 4-H Club
2. Ava Bessey, Hanley 4-H Beef Club
3. Katherine Andree, Mankota 4-H Beef Club

Senior:

1. Georgia Pawlitza, Abbey-Lancer 4-H Beef Club
2. Sierra Ross, Aneroid Multiple 4-H Club
3. Cameron Blakley, Reno Multiple 4-H Club

North East

The first ever virtual North East Public Speaking competition took place on Saturday, April 24. Ten judges and 36 participants joined the meeting for a fun and exciting program.

The day began at 9 a.m. with MC Shayla Preston welcoming the Cloverbud and Junior speakers, with the results announced by 11:15 a.m. The afternoon session of the day began at 1 p.m. with MC Kierra Hawreliuk welcoming the Intermediate and Senior speakers, with the results announced by 3:45 p.m.

Thank you to our amazing judges for the day: Ruth Chorney, Tina Lacroix, Sara Verge, Kendra Elliot, Carla



South East

The South East Regional 4-H Public Speaking event was held on March 27, 2021, hosted by the District 13 4-H Council! 34 speakers participated in our first-ever virtual public speaking event with the Cloverbud and Junior age groups competing in the morning, and the Intermediates and Seniors competing in the afternoon.

Six judges oversaw the scoring and results of the entire competition. Judges included: Chelsea Kirschman, Rachael Yuristy, Tammie Cooper, Naomi Paley, Kimberly Rowan and Heidi Schofer. All judges were from the Melville/Yorkton area and used 4-H's online score sheets, which tallied all scores and compiled the judges' comments. The day was MC'd by dynamic duo, Grace and Madeline Christensen. Grace is the SE Advisory Council member and Madeline is a SE Member Ambassador. The day began with greetings on behalf of 4-H Saskatchewan, given by past-president Glenn Gress.

Thank you to the following sponsors: Painted Hand CDC, District 13 4-H Council and the South East Regional 4-H Office. A special thank you goes out to

Kaeding, Florence Frazer, Caitlin Fox, Tiffany Peters, Tannis MacFarlane-Kelley, and Scott Sorestad. Thank you to the District 26 4-H Council for helping to find judges and collecting prizes for the day. We hope to see everyone in person next year!

Cloverbud:

1. Teslyn Kajner, Meskanaw-Ethelton 4-H Club
2. Katie Paschke, Torch River 4-H Club
3. Blake Dunville, Black Velvet 4-H Light Horse Club

Junior:

1. Hailey Spray, Kelvington 4-H Beef Club
2. Kain Fidelack, Kelvington 4-H Grain Club
3. Bostin Smith, Norquay 4-H Bin Busters

Intermediate:

1. Shelby Brade Knutson, Hudson Bay Multiple 4-H Club
2. Katherine Possberg, Viscount 4-H Beef Club
3. Karissa Sutter, Kelvington 4-H Grain Club

Senior:

1. Makenna Heidecker, Three Lakes 4-H Beef Club
2. Codee Kopelchuk, Good Spirit 4-H Club
3. Makayla Glessman, Viscount 4-H Beef Club

the District 13 organizing committee: Paula Beattie, Susan Avramenko and Lorie Chambers.

Cloverbud:

1. Claire Gallie, Melville Town 'N Country 4-H Club
2. Maura Stellak, McQuibe Multiple 4-H Club
3. Jessa Martens, Serath Multiple 4-H Club (Dst. 37)

Junior:

1. Mara Ward, Elcapo Lighthouse 4-H Club
2. Brock Dorrance, Wawota 4-H Beef Club
3. Darian Beattie, Melville Town 'N Country 4-H Club

Intermediate:

1. Isabelle Erickson, Elcapo Lighthouse 4-H Club
2. Grace Woytas, Springside 4-H Beef Club
3. Kaleigh McLaughlin, Riders & Wranglers 4-H Light Horse Club

Senior:

1. Kate Axten, Radville 4-H Field Crops Club
2. Emma Bonk, Candiac 4-H Beef Club
3. Lindsay Daniel, Milestone 4-H Variety 4-H Club

Provincial Public Speaking

The 2021 4-H Saskatchewan Provincial Public Speaking Competition was held virtually on May 15-16, 2021.

Thirty-two 4-H members from across the province participated in the event, with the Cloverbud and Junior members presenting their speeches in the morning, and the Intermediate and Senior competitors presenting their speeches in the afternoon. Our emcee, Brett Rumpel, ensured the event ran as seamlessly as possible.

This was a unique event for 4-H Saskatchewan, with the organization facing the challenges of the COVID-19 pandemic head on and moving the event to the Zoom platform instead of in-person.

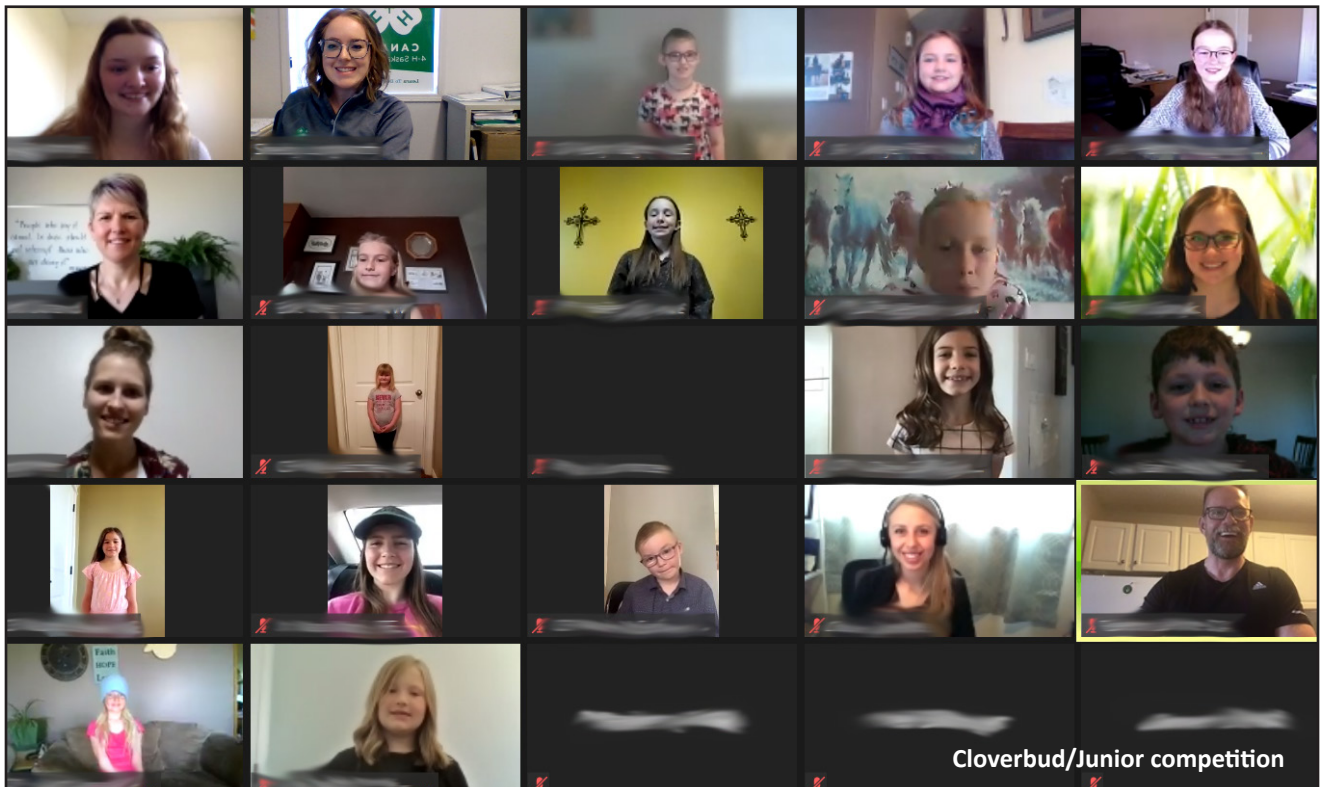
To make the event special for the 4-H members, each competitor was mailed out a care package, complete with local goodies from different parts of the province.

"I'm always so impressed with the quality of speeches, and the presence our speakers have, even from a young age, and this year was no different," said Cera Youngson, executive director of 4-H Saskatchewan.

"Our members rose to the challenge of presenting their speeches in a new way this year in a virtual live format. Each member should be proud of advancing to this prestigious "stage" through their club, district, and regional competitions."

Thank you to our judges Patti Durand, Glenn Lapointe, Marlene Tymiak, Erin Toner, Alicia Sopatyk, Chloe Sprecker, Angela Letendre, Neil Billinger, and Blain Hjertaas for volunteering your time with 4-H. It was greatly appreciated! Thank you to our prize sponsors Yvette Moore and Sheppard Realty for sponsoring the event.

"I'd like to thank our dedicated volunteers and hosting committees who went above and beyond to host their club and district events in a new and modified ways during COVID, and my hardworking staff team for hosting the regional and provincial events this year," Youngson said. "We're optimistic for provincial public speaking to return to an in person format in Middle Lake, Saskatchewan in 2022."



After much deliberation, the panel of judges determined the results to be:

Cloverbud

1st Place - Claire Galli, Melville Town 'N Country 4-H Club (Yorkton) - "A Job Involving My Furry Friends"
 2nd Place - Kendele Noble, Durness Multi 4-H Club (Lloydminster) - "Don't Eat Out of the Cheeto Bowl"
 3rd Place - Teslyn Kajner, Meskanaw-Ethelton 4-H Beef Club (St. Brieux) - "Brothers"

Junior

1st Place - Mara Ward, Elcapo Lighthouse 4-H Club (Broadview) - "Coyote Hunting"
 2nd Place - Hannah Hougham, Hillmond 4-H Beef Club (Frenchman Butte) - "Cattle, Carbon, & Climate"
 3rd Place - Kain Fidelack, Kelvington 4-H Grain Club (Margo) - "Fake It Til You Make It"

Intermediate

1st Place - Olivia Keslick, Maple Creek Multiple 4-H Club (Maple Creek) - "Technology"
 2nd Place - Marleigh Mann, Northminster 4-H Beef Club (Lloydminster) - "The Future of Sustainable Ag"
 3rd Place - Isabelle Erickson, Elcapo Lighthouse 4-H Club (Wolseley) - "West Nile in Horses"

Senior

1st Place - Emma Bonk, Candiac 4-H Beef Club (Wolseley) - "Silence"
 2nd Place - Codee Kopelchuk, Good Spirit 4-H Club (Canora) - "In the Ring"
 3rd Place - Makenna Heidecker, Three Lakes 4-H Beef Club (Middle Lake) - "Learn to Do by Doing"

Thank you to Sheppard Realty for sponsoring the boxes sent out to participants!



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Provincial Record Book Competition Held This Year

This year, a Provincial Record Book Competition was held, with the top placing books from each regional competition qualifying.

Congratulations to all the winners and thank you to everyone for sending in your record books! Here are the results:

Cloverbud

1. Vanessa Cowan, Carievale Beef 4-H Club
2. Hayley Spray, Kelvington 4-H Beef Club
3. Morgan Rissling, Missouri Coteau 4-H Multiple Club

Junior

1. Maddie Rissling, Missouri Coteau 4-H Multiple Club
2. Brooklyn MacNeil, Missouri Coteau 4-H Multiple Club
3. Kendra Ewan, Kelvington 4-H Beef Club

Intermediate

1. Amanda Kaminski, Maidstone Gully 4-H Multiple Club
2. Kate Axten, Radville Field Crops Club
3. Madeline Christensen, Alameda Beef 4-H Club

Senior

1. Kamryn Gilliland, Carievale Beef 4-H Club
2. Kennedy MacNeil, Missouri Coteau 4-H Multiple Club
3. Chloe Knorr, Maidstone Gully Multiple 4-H Club

Virtual Learning and Fun Webinars

Beef Marketing Webinar

Almost 30 participants attended a Beef Marketing Webinar on April 22, 2021, which was presented by Catherine Lang and Maddy Lazurko, 4-H Alumni and Livestock and Feed Extension Specialists with the Ministry of Agriculture. Catherine started the presentation by explaining beef markets, market history, and what the current market situation looks like. Members and leaders learned different terms to use when marketing animals, and how to determine break even costs. Catherine also gave examples of how members could market their beef animals.

Maddy provided information on marketing market lambs and market goats, which was fun for 4-H members to learn about! To finish off the webinar, Shelby Longworth, NE Regional 4-H Specialist, spoke about 4-H brand guidelines and fun ideas from 2020 that clubs used to market their 4-H animals! Thank you to Catherine Lang and Maddy Lazurko for presenting this webinar to our 4-H members and leaders. We greatly appreciate you sharing your information with us, and being available to help members when they have questions. Good luck to all the members marketing their 4-H animals in 2021!

Thank you to Saskatchewan Cattlemen's Association for supporting this webinar!



Virtual Cooking, presented by Save On Foods



On May 11, 2021 we held the Virtual cooking webinar presented by Save on Foods. It was a fun evening where Save On Foods Dietician Rhea Lewadoski showed members how to create a fun easy snack full of protein and grains.

She showed us through her love of food how easily these protein balls can be adapted to you family taste buds and liking! Members made a variety of flavors from cranberry and pumpkin seed, to chocolate chips and raisins!

Thank you Save On Foods for presenting this fun hands on learning experience for our members!



2021 Hall of Fame Inductee - Doug Oleksyn

Doug has been involved with 4-H as long as he can remember. Starting off as a member in the Bits, Boots and Bridles 4-H Club, he later became a leader in the very club he began with. Later, he became a project leader with the Wild Rose 4-H Beef Club where he and his wife raised their four children being heavily involved in the 4-H program.

Doug has been not only a project leader but has served as an Assistant Leader as well as a General Leader over the years. He has always been thoughtful, supportive and dependable who very much follows the 4-H motto of "Learn To Do By Doing" in all aspects of his life. Not only has Doug been involved with 4-H at the club level, but he has been involved at the district and regional levels as well.

He was a commit member for many years for the North East Regional 4-H Beef Show and Sale. He has been involved in the planning, capital budgeting, sponsor recruitment and appreciation for many years. He has often acted as the Ring Marshall and barn manager for the sale calves.

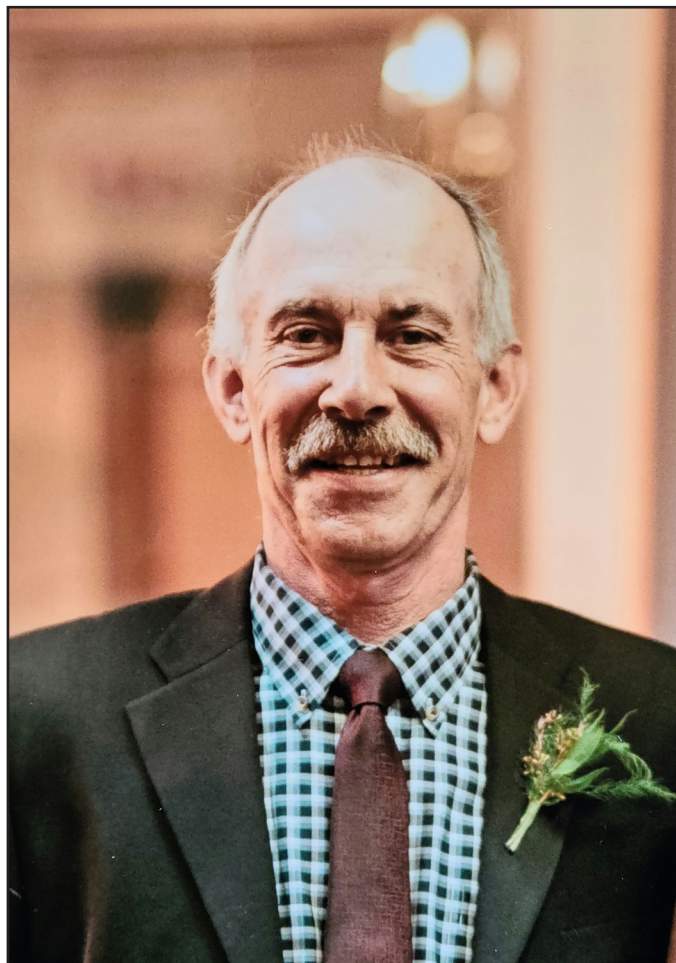
"Doug is an outstanding example of what 4-H is all about. He strived to make everyone in his 4-H club feel welcome and did his best to pass on the knowledge that gained from his many years of being involved in the 4-H community."

— from a current 4-H member

Doug has a strong belief that 4-H members need to show appreciation for support from their community (sponsor and buyer appreciation letters) as well as community cleanup projects like garbage picking in Shellbrook and highway ditches.

He has always promoted and encouraged and is a strong proponent of mentoring whether with the older members to the younger 4-H members, but also between successful individuals and businesspeople in the community and the local 4-H members.

Doug has always willingly shouldered additional responsibilities serving on various committees, councils and projects as the need arose. He has served as a councillor with the R.M of Shellbrook and now serves as reeve.



Nominate Your Outstanding Leader!

The 4-H Saskatchewan Hall of Fame was created in 1985, to provide a way to recognize individuals who have made outstanding contributions to the 4-H program in Saskatchewan in a volunteer capacity.

Learn more about the Hall of Fame at <https://www.4-h.sk.ca/our-history.html>

Nominate your leader by December 31, 2021

Hybrid In-person/Virtual AGM A Huge Success

The 2021 Annual General Meeting was held on March 20. This year, due to gathering size limits, it was a hybrid in-person and virtual event. Four locations – North Battleford, Melfort, Regina and Swift Current – joined together the 107 attendees through Zoom.

It was an exciting challenge to figure out how to safely put on an in-person event during a global pandemic. Each location was not allowed more than 30 people in the room, with each attendee having to go through screening questions and be signed in and out for contact tracing.

In addition, there were sanitation stations available, all participants were required to wear masks and no food and drink was allowed in the meeting space. To help participants sit through a full day of meetings without food under these restrictions, there was an extended lunch period, to give them enough time to leave the facility to eat.

The theme of this year's meeting "STEMming to the Beyond", under the Science & Technology development pillar. The leaders and members were given a sealed pulse snack (which they could not open) from Three Farmers. They used the code on the package to participate in a game, learning more about pulses and where their product was grown, before answering a few questions through Mentimeter about agriculture.



During the day, member and leader voting delegates were asked to vote for the Board of Directors, Advisory Council and Ambassador Representatives, as well as to vote on one resolution which would require clubs that do not reorganize to put their funds in trust with 4-H Saskatchewan for two years. If the club does not reorganize in two years, the funds would support either the district the club belongs to or a club start up fund, which would supply a grant to new clubs. After a few amendments, the resolution was carried.

Since the event was mostly virtual, members were encouraged to have some fun through an online trivia game and watched a "Parade of Regions" video, with appearances from some staff, board, advisory council and ambassadors.



There was a special Clover Draw, where participants put a toonie into a tin to have their name put on a numbered clover. There was then draws throughout the day, where if your number was pulled, you would be able to pick up a prize when you left the meeting.

Between the Clover Draw and donations from district 4-H councils, \$1,500 for the Saskatchewan 4-H Foundation was raised.

After the business portion of the meeting concluded, there were a few

special announcements. The most impactful announcement was the \$250,000 gift from Mr. Brian Hesje to 4-H Saskatchewan. His gift will go towards improving technology and to the creation of an alumni program. The attendees enjoyed a short video, where Mr. Hesje explained his donation in his own words.

Another exciting announcement was the creation of the Exploring 4-H At Home Kits, which were made possible through the Emergency Community Support Fund. These kits will help clubs in rural areas, who may not have advanced technology, connect with their members through fun activities. There are nine kits available and each fits under at least one of the 4-H Canada Leadership Development pillars. They include worksheets, some supplies and instructions for each kit.

The business meeting was adjourned and everyone headed home. Overall, it was a very successful AGM!

Welcome To Board, AC and Ambassadors

During the Regional Meetings at the Annual General Meeting, voting delegates voted for a number of positions, including Regional Board of Directors members, Regional Advisory Council Members and Regional Member and Leader Ambassadors. They also voted on the Member Delegate to the Board of Directors position during the Provincial Council Meeting.

4-H Saskatchewan is looking forward to the 2021-22 year and is excited to welcome the new Board, Advisory Council and Ambassadors to their roles within the organization:

Board of Directors:

Our Board of Directors for the 2021-22 year are Cameron Choquette, Becky Huber and Louise Sroka for the North West; Mike Kirzinger, Michell Heidecker, Trena Hoffus-Preston representing the North East; Alvin Pawlitza, Kylie Mackie and Stan Figley as South West leaders; Glenn Gress, Brittany Stepp and Jason Frey rounding out the South East; Dylan Watt and Brooklyn Trask as the Member Delegates, and Leah Clark as our Ministry of Agriculture Representative.

The Board of Directors held their first reorganizational meeting a few days after AGM, where they elected the 2021-22 Executive and special positions. Congratulations to:

President: Cameron Choquette
 Vice President: Becky Huber
 Secretary: Brittany Stepp
 Foundation representative: Mike Kirzinger
 Advisory Council representative: Louise Sroka

Advisory Council:

Our 2021-22 Advisory Council members are Grace Christensen (SE), Shayla Preston (NE), Kennedy MacNeil (SW) and Amanda Kaminski (NW). The AC will be completing online training within the next couple months and planning their first in-person meeting.

Ambassadors:

The 2021-22 Ambassadors are:
 North West: Jessica D., Julie-Ann W., Jessica W., Jeanelle W. & Kelly K.,
 North East: Kierra H., Katherine P., Mackenzie O., Kira W., Miranda H. & Amy M.
 South West: Brynne L., Hanna L., Makaila P., Robyn M., Stacey H. & Nora S.
 South East: Madeline C., Emily S., Tabatha B., Susan A., Paula B. & Jennifer W.

Foundation Wraps Up 60th Anniversary

The Saskatchewan 4-H Foundation has been celebrating 60 years during 2020 and wrapped up celebrations on January 30, with a 4-H takeover of the CJWW Old Tyme Dance Party.

The 60th Anniversary year of the Foundation has definitely been something worth celebrating – 2020 has shown the resilience and dedication of 4-H supporters coming together to ensure the long-term sustainability of the 4-H program, helping to empower youth for generations to come, through both good and challenging times.

“Things may have not gone as originally planned, but 2020 really exemplified just why the 60th Anniversary truly is something worth celebrating,” Development Officer Shelby Corey said. “We are celebrating the generosity of our supporters over the past 60 years, and the way the 4-H family has stepped up during this anniversary year, during 2020, has been absolutely amazing. We are incredibly thankful for this support, which will allow us to meet the needs of 4-H youth both now and for future generations.”

Anniversary celebrations started on March 10, 2020, at the Saskatchewan Association of Rural Municipalities Annual Convention, connecting with many alumni and enjoying anniversary cake alongside some 4-H Saskatchewan history and an announcement by MLA Lyle Stewart at the Saskatchewan Legislature.

During these initial celebrations, a goal of \$60,000 for 60 years was set. This was a large goal, but one which will have a lasting impact on youth for generations to come. Thanks to the many supporters who have stepped up throughout 2020, not only was this goal achieved, but more than quadrupled this goal. Part of the campaign was an online Diamond Discovery campaign, where 4-H members, alumni, and supporters could share their Diamond Discovery Stories to showcase how 4-H has helped them and/or others to discover their inner diamond, because the 60th Anniversary is also known as the Diamond Anniversary.

The Saskatchewan 4-H Foundation is thankful to the support of everyone who donated throughout the year, to make the 4-H program continue to be strong for future generation. Although the organization was unable to host many of its usual events during the pandemic, everyone still supported it through new initiatives, such as an online auction and the Going Green campaign, where Saskatchewan 4-H Council Board President Glenn Gress stepped up to raise funds to support the program, by vowing to dye his hair green if enough donations were received.

In addition to exciting celebrations, the Foundation also received support from new and existing donors. Long-time 4-H supporter, Bill Cooper, helped deliver two \$3,000 scholarships for 4-H members or alumni who had shown leadership during the pandemic. There was also a new major gift donated during 2020, from Brian Hesje, in the amount of \$250,000. The funds will be used to help 4-H Saskatchewan modernize service delivery through technology and operational efficiency, allowing more time and resources to go directly to supporting youth.



A second portion of the gift will be used to support the development of an alumni strategy and programs for the continued development of 4-H alumni and volunteers.



Virtual Citizenship Day Teaches Meeting Skills

4-H Saskatchewan's Citizenship Day was held in the form of a one-of-a-kind virtual event, which ran on the afternoon of Saturday April 17. 4-H members logged in to a virtual Zoom meeting, which enabled them to participate in break-out sessions with other members. The event was facilitated by 4-H Saskatchewan staff.

Members took part in an interactive presentation on club-level Parliamentary Procedure basics, and then enjoyed a visit from special guest, and newly elected Board of Directors President, Cameron Choquette, who spoke about the Board structure.

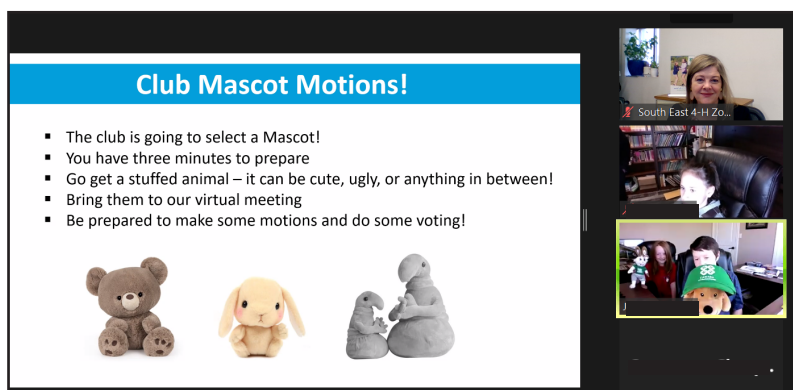
Members then took in a presentation about Parliamentary Procedure in the Government, and enjoyed two video presentations: A Legislative Building tour from the Saskatchewanderer; and an interview with Mr. Warren Steinley, a Past-4-Her-turned-MLA-turned-MP!

The highlight of day was the debate! Members were placed on a team that was in favour of the debate topic: "Should remote learning continue after COVID." Assisted by Kaitlyn Keller, South West Regional 4-H Specialist, and in following the proper steps of debating, the members came up with Opening and Closing Statements, as well as Argument and Rebuttals for their opposition. Melodi Hawkesford-Lee, South East Regional 4-H Specialist, served as the opposition.

Cameron returned as the Debate judge and offered some words of wisdom based on his own debate experience while on 4-H Canada's award trip, Citizenship Congress.

Special thanks to our special guests throughout the day: Cameron for joining us and sharing his expertise and to Mr. Steinley for sharing his experience in politics and 4-H with us. Also, thank you to all the members who joined us for the day and honed their parliamentary procedure and debate skills!

Thank you to title sponsor:



HELPING HANDS WITH

STARS®

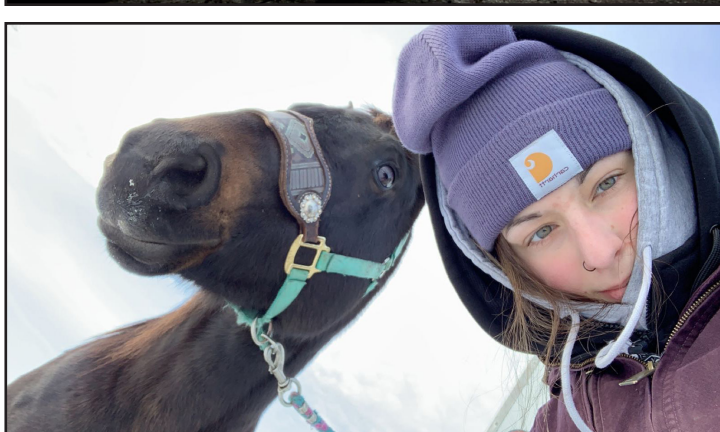
*** Calendars**
*** Presentation**
*** Livestock Sales**

Watch for more information August 2021

Winter Fun Activities

With ski hills and other facilities being closed due to COVID, this year 4-H Saskatchewan challenged clubs and families to hold their own fun activities and submit them to the 4-H office.

Thank you to everyone who participated: Foam Lake 4-H Beef Club, Hilltop 4-H Club, Maidstone Gully Multiple 4-H Club, Toon Town 4-H Club, Radville 4-H Beef Club, Kelvington 4-H Beef Club, Carrot River Light Horse 4-H Club, Crystal Springs Light Horse Club and Boreal Rangers Outdoor Adventure 4-H Club. Check out some of their submitted photos on these two pages!





Journey to the Future Sustainability Grant

4-H Saskatchewan is excited to announce the recipients of the Journey to the Future Sustainability Grant, supported by Nutrien.

The \$2,000 grand prize will go to the Big River 4-H Multiple Club for their Greenhouse Project. The Big River 4-H Multiple Club created a community garden a few years ago, which serves the local seniors' centre and school. Their new project will construct a greenhouse for the pre-existing community garden the club currently runs.

"A big thank you and congratulations to the three Sustainability Club Grant recipients for your creative and ambitious projects," Rose Lecky, Senior Manager of Community Relations & Investments for Nutrien said. "All those who join in accomplishing these thoughtful projects can feel pride in knowing they'll make the people in their communities, and the environment surrounding them healthier, happier and more sustainable."

Two other deserving 4-H clubs have been named

runner-ups through the grant, each receiving \$1,500. These clubs and their proposed projects are:

- **Whispering Pines 4-H Multiple Club project:** Flora & Fauna Trail Ride Scavenger Hunt and Tree Planting. They will host a community trail ride scavenger hunt to learn about native plants and ecosystems, followed by tree planting using native trees to restore natural wildlife habitats.
- **Toon Town 4-H Explorers Chicken Coop Project:** They will design and construct a chicken coop for a family in need, while supporting hands-on learning and ag education for urban 4-H members. Their goal is to be able to build chicken coops at cost for families in need as an annual club project.

"We are grateful to Nutrien for supporting our 4-H clubs and districts, as well as the amazing work they do in their communities," 4-H Saskatchewan Executive Director Cera Youngson said. "Through their support, 4-H members continue to Learn To Do By Doing and show off their leadership skills in their club, community, country and the world."

This grant program required the club or district to have members complete the Journey 2050, Farmers 2050, Watershed Detective, and/or Watershed Explorer games and then tell us how they could apply what they learned from these games to better their club, their community, their country, or the world.

Thanks to the support of Nutrien, a total of \$5,000 available to support the recipients with their projects.

Nutrien™



4-H Canada News

Science Fair Winners

4-H Canada announced the three winners of the 4-H Canada Science Fair, held virtually from Mar. 2-6. 2021 4-H Canada Science Fair Winners: Sophie F. (British Columbia) with Leaf-Debrief: An Innovative Nitrogen Detector for Rice Paddies Using Machine Learning; Mark N. (Alberta) with A Corrosion Comparison of Agriculture Disinfectants on Metals; and Mac D. (British Columbia) with A Novel Approach to Improving Biosecurity in Hatching.

Mac D. also received the regional distinction of the Ted Rogers Innovation Award for her project from Youth Science Canada. This award recognizes participants of regional science fairs demonstrating entrepreneurial spirit by developing a project that demonstrates commercial potential.

These young scientists moved on to compete against the best and the brightest from across the country at the Canada Wide Science Fair, which took place May 17 to 21, 2021.

The 4-H Canada Science Fair is the annual program providing 4-H youth members with an opportunity to advance their skills in STEM while exploring their personal passions through the development of experiments, innovations, and inventions. The event is made possible through the generous support of 4-H Canada's Science & Technology Pillar Partner Bayer Crop Science Inc., as well as funding from the Government of Canada and the University of Saskatchewan College of Agriculture and Bioresources.

The 4-H Canada Science Fair is part of 4-H Canada's ongoing commitment to furthering science and technology skills and knowledge development for youth through 4-H programming. As interest in STEM programs continues to grow across 4-H, 4-H Canada and Bayer Crop Science Inc. are working together to ensure youth have access to experiential learning opportunities, that better their communities, create global citizens and build leaders of today.

4-H Canada Distinguished Alumni Award

4-H Canada was thrilled to announce the Honourable Lyle Vanclief as a recipient of 4-H Canada's Distinguished Alumni Award at the annual 4-H Canada Leadership Awards on Feb. 22, 2021.

Mr. Vanclief has always embodied 4-H's values, dedicating himself to hands-on learning as a 4-H member, and then 4-H club leader, as well as in his service to various organizations in his community of Prince Edward County, Ontario. His leadership in the agriculture sector, in crop sciences and as a farmer, led him to a career as an elected official, serving as a Member of Parliament for Prince Edward-Hastings from 1988 to 2004. During this time, he held the role of Minister of Agriculture from 1997 to 2003.

In their tireless commitment to upholding 4-H youth leadership, Mr. Vanclief and his wife, Sharon, established the Canadian 4-H Foundation's Lyle and Sharon Vanclief Leadership Endowment Fund, which supports the annual attendance of ten 4-H youth members to the US National 4-H Conference in Washington, D.C.

As part of his distinguished career, Mr. Vanclief has also been named a Distinguished Agrologist by the Ontario Institute of Agrologists, a Fellow of the Agricultural Institute of Canada, and was inducted into the Canadian Agricultural Hall of Fame in 2010.

Proudly supported by Glacier FarmMedia, the Distinguished Alumni Award recognizes the outstanding leadership and contributions of one of 4-H's 350,000 alumni, to 4-H, their communities, their industry, and the world. The award will be presented at 4-H Canada's virtual Leadership Awards, the organization's signature event.

Leadership Awards Celebrates 4-H Values



In February, 4-H Canada members and supporters celebrated the 4-H Canada Leadership Awards, taking the organization's signature event virtual for the first time to recognize the outstanding contributions of 4-H youth, leaders, alumni, and champions.

The experience was hosted by Rick Mercer. It was rich in storytelling, showcasing the achievements of individuals who champion 4-H values.

The event also highlighted the resilience of 4-H members, volunteers, and programs throughout the COVID-19 pandemic, and celebrated the strength of the 4-H community across Canada.

The Leadership Awards also serves as an important fundraiser for the organization and has grown every year since it began in 1913. This year's virtual event was no exception, setting ticket sales and fundraising records, with more than 600 tickets sold for viewers to enjoy the event from the comfort of their own homes, and over \$40,000 raised for the Canadian 4-H Foundation to ensure the future of 4-H programming across Canada.

"While we couldn't gather together this year, we were excited by the way in which the 4-H community still came together to recognize the achievements of some truly incredible 4-H youth, volunteers, alumni, and champions," says Shannon Benner, 4-H Canada's CEO. "The support for this event is an incredible reflection of the support that exists for the 4-H mission to empower youth to become responsible, caring, and contributing leaders that effect positive change in the world around them."

The evening recognized four young people who are blazing trails and creating positive change in the world —Veronika Parkinson, Matthew Sterling, Amanda McGillivray, Morgan Hussey—the recipients of 4-H Canada's Leadership Excellence Award of Distinction (L.E.A.D.).

A highlight of the evening was the announcement of high-profile mentors to each of the L.E.A.D. scholars: Ryan Hreljac, founder of the Ryan's Well Foundation; Warren Bills, a 4-H alumnus and CEO – Simplifier of Convergence Growth Inc.; Senator Stanley Kutcher, a leading psychiatrist and professor; and Elly Vandenberg, Director of the Global Office Canada for the United Nations World Food Programme, an organization just recently awarded the Nobel Peace Prize.

The night also honoured Carol Williams, a volunteer leader who dedicates herself to empowering youth through 4-H programs, the Honourable Lyle Vanclief, an alumnus who served as former Minister of Agriculture and who has empowered 4-H youth leadership through the Lyle and Sharon Vanclief Leadership Endowment Fund, as well as two individuals, Duane Bristow, and Nancy Orr, whose years of commitment and service have unquestionably advanced the 4-H movement in Canada.

The 4-H Canada Leadership Awards would not have been possible without Award Sponsors, CN, The Co-operators, FCC, and Glacier FarmMedia; Auction Sponsor, John Deere; and 4-H Champions.

To learn more about the 4-H Canada Leadership Awards, please visit 4-h-canada.ca/4hawards.

Two New Honourary Members Bestowed

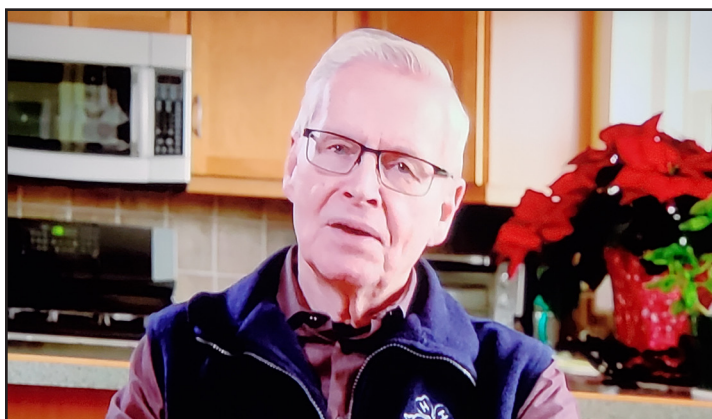
4-H Canada is pleased to name **Duane Bristow (Saskatchewan)** and Nancy Orr (Prince Edward Island) as Lifetime Honourary Members of 4-H Canada.

The two received their awards at the 4-H Canada Leadership Awards, on Feb. 22, 2021.

Duane Bristow has enjoyed a successful career in the agriculture sector, working for the Saskatchewan Wheat Pool for a number of years, before applying his skills and knowledge to his research consultancy.

As a 4-H alumnus, Mr. Bristow continued to dedicate himself to the 4-H movement, playing a prominent role in the expansion of the 4-H Saskatchewan Centre “Camp Rayner,” and the provincial Centennial Anniversary Celebrations in 2017.

At the national level, in addition to being a member of 4-H Canada for nearly three decades, Mr. Bristow has served as a director and chair to the 4-H Canada Board of Directors, and as a trustee and chair of the Canadian 4-H Foundation.



Nancy Orr has been a leader both within the 4-H community, and beyond, notably as the first female provincial court judge, and the first female Provincial Chief Judge, and as a distinguished champion of Canadian amateur hockey.

Throughout the years, Ms. Orr has served as a role model to youth in her club, and to her fellow 4-H leaders on Prince Edward Island, dedicating her knowledge, time and resources to 4-H, including as Chair of the PEI 4-H Trust.

In 2009, Ms. Orr was recognized as 4-H Canada’s National Volunteer Leader of the Year. At both the provincial and national levels, Ms. Orr has been a generous donor to both the 4-H PEI Trust, as well as the Canadian 4-H Foundation.

Proudly sponsored by Farm Credit Canada, 4-H Canada’s Honourary Membership recognizes individuals who have embodied 4-H Canada values through their life and have delivered outstanding services to one or more levels of the organization.

The recognition was created in 1950 to recognize individuals who have made outstanding contributions to 4-H in Canada. With the addition of Duane Bristow and Nancy Orr, there are now 73-lifetime Honourary Members.

“The contributions made by both Duane Bristow and Nancy Orr have been instrumental to the success of the 4-H movement, at the regional, provincial and national levels,” says Valerie Stone, Chair of the 4-H Canada Board of Directors.

“In becoming lifetime Honourary Members of 4-H Canada, both Duane and Nancy are joining a special class of service-driven individuals, who have made significant and lasting impacts to the 4-H program in Canada.”

Clover Corner

Going into the summer, we want to bring you a fun activity under both the Environment & Healthy Living and the Science & Technology pillars!

Have you ever made your own kite? And wondered “How do kites fly?” It’s time to make your own kite and experiment with your technique along the way!

Simple Bird Kite

from www.krokotak.com

Supplies:

- A4 paper or letter sized paper
- Stapler
- Hole punch
- Scissors
- Glue stick
- Pen
- Other paper for decorations
- String
- String holder

Instructions:

1. Fold your paper in half. With it loosely folded, bring the top corners down, one to each side to make a wing shape. Staple both together with the stapler.
2. Cut a triangle shape from a new piece of paper and glue it in place as a beak. Draw the eyes on the kite.
3. Draw out your tail on the other piece of paper. Glue the tail onto your bird kite.
4. Use the hole punch to make a hole at the bottom of your kite and tie a string through it.



You can also experiment by making other kinds of kites, such as a garbage bag kite, a paper bag kite and more! Find your own kite patterns and share photos with your regional 4-H specialist!

What makes a kite fly?

This is Physics, a type of science! The same principles that make an airplane fly make your kite fly. These are the four forces of flight - lift, drag, gravity and thrust.

Lift: the wind blows on your kite – some of it hits the kite directly, some goes over the kite, and some goes under it. The wind that goes underneath helps lift the kite off the ground, just like the wind beneath an airplane’s wings helps lift it off the ground.

Drag: the pressure of the wind against that object that keeps it aloft. The purpose of aerodynamics is to reduce drag, but a kite is designed to offer just enough lift and drag to get it – and keep it – in the air.

Thrust: the force that pushes your kite in a forward direction. Thrust is created either by the wind driving the kite forward or by your child pulling the kite forward with the string.

Gravity: the force that keeps us grounded. The force of the lift must overcome the force of gravity holding the kite down; to keep it in the air, the force of thrust must be equal to the force of drag.

4-H Saskatchewan Events & Opportunities

4-H Club Week - November 1-7

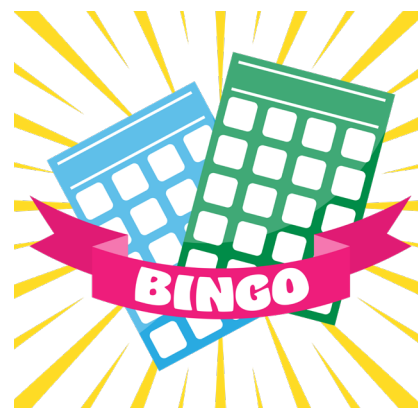
Clubs across the province will showcase their 4-H pride and put their 4-H spirit on display. Join this province-wide celebration by building awareness of 4-H in your community and make sure to **#showyour4hcolours on November 3** – National 4-H Day!



Sustainability Initiative

In November, join our movement, help us support those in need and showcase the ability of 4-H'ers to do good in their communities. This year, our goal is under the Environment & Healthy Living pillar!

To make it a fun challenge, we will be holding an Environment & Healthy Living BINGO. Fill out the BINGO card (which will be on the 4-H Saskatchewan website in the fall). The card will be full of activities you can do to promote and participate in activities to make your community healthier and more environmentally friendly.



You will have the opportunity to put photos into your card to showcase what you've done! Everyone who submits a completed BINGO card will be put into a draw. The winning card will get the opportunity to donate \$500 to their environmental charity of their choice, thanks to the support of Plains Midstream Canada.



Equine Symposium

Date: July 10, 2021

Location: Lloydminster

Cost: \$45

Equine Symposium will be held July 10 in Lloydminster. The cost will be \$45 for members and leaders and \$55 for 4-H parents and friends. Lunch will be provided to all participants.

There will be a live demo with a young horse with **trainer Jake Kruidenier**, as well as speakers on equine health topics.



Since it is a demonstration clinic, attendees are not required to bring a horse. Registration will be available online through Eventbrite. Check the 4-H website Event Calendar for registration information!

Please note: All relevant COVID restrictions will be in effect during this in-person event.

4-H Science Day

Where: Saskatoon

When: October 8, 2021

Cost: \$20

Ages: recommended 9-12, but all welcome

We are excited to bring back 4-H Science Day for the 2021 year - 4-H Science Day will take place on October 8, 2021 in Saskatoon!

This event will focus on the Science & Technology pillar, with exciting science experiments. There may also be a fun tour related to science, provided facilities are open to the public. There will also be information available about some of the projects offered in the pillar and some take home activities and items.

More information and registration forms will be available this summer. Make sure to check the website and the Monthly Update for more information in the coming months!

Youth Advisory Committee Position

Accepting Applications For Saskatchewan Members

Do you have a passion for 4-H? Do you want to travel? Do you want to meet incredible people from all walks of life? Do you want to represent the youth of Saskatchewan on the national level?

Apply for the 4-H Canada Youth Advisory Committee! The Youth Advisory Committee (YAC) is made up of one member from each province across the country, and assists 4-H Canada in areas such as programs, policies, conferences, communications, and marketing. You will be placed in one of four working groups, and work with your other YAC members and 4-H Canada staff to deliver programs for our members.

In the past, YAC members have had the opportunity to be a part of 4-H Canada programs and policies, travelled to Ontario for conferences, met 4-Hers from across the country, and even met the Prime Minister. YACs are chosen for a two-year term, with a possibility of a third year extension. If you're over **18 years and a current or former Saskatchewan 4-H member**, you're eligible. Applications for the YAC position can be found on the 4-H Saskatchewan website. Deadline to apply is November 1. You must be 18-25 years old and have at least two years of experience as a 4-H member.

"My time on the Youth Advisory Committee provided opportunities beyond my imagination. The role allowed me to develop and master skills to make me a stronger spokesperson and leader in my everyday. Being the Saskatchewan YAC member, I was able to learn about 4-H on a national level by sitting on the 4-H Canada board of directors, as well as the marketing and communications working group. I made friends from across Canada, I was an advocate for important topics and, most importantly, I got to represent an organization devoted to creating positive impacts on youth."

-Brett Rumpel, 4-H Saskatchewan YAC member



Beef Symposium

Date: August 7, 2021

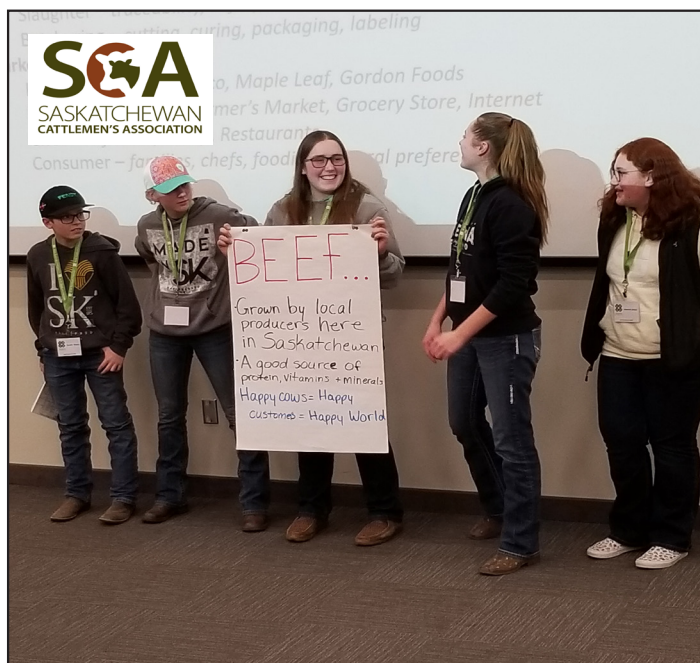
Location: Melfort

Price: \$30

Beef Symposium will be held in the North East Region this year! This event will take place on August 7 in Melfort and will have some hands-on fun!

Beef Symposium will be a fun day of competition and hands on activities surrounding the beef industry! Members will compete in a team judging event, and will also learn about beef marketing, creating your ideal beef herd, current consumer issues, and more! For more information contact Shelby L. at the 4-H office.

Please note: All relevant COVID restrictions will be in effect during this in-person event.



Canadian Young Speakers For Agriculture



4-H Saskatchewan is proud to support and encourage 4-H members to attend the Canadian Young Speakers For Agriculture (CYSA)!

Do you love public speaking? CYSA is the competition for you!

This year, the topics are:

- How a global pandemic changed Canadian agriculture – or has it?
- What it means to be a woman in agriculture in 2021
- Food waste, food security and food policy: What is agriculture's/aquaculture's role?
- Canadian aquaculture: Opportunities in a growing industry
- Does a changing climate mean opportunities or headaches for Canadian agriculture?

This year, the competition will be a virtual video submission, as no live competition can be held at the Royal Agricultural Winter Fair. This means anyone can participate!

Registration is \$20 for the Junior competition and \$40 for the senior competition. Learn more and register at <https://www.cysa-joca.ca/>

This year, we will be reimbursing the first 10 people who register for the CYSA and send in information to the office. For reimbursement, send an email to frontdesk@4-h.sk.ca with the subject "CYSA" showing a receipt of payment and your address. If you are one of the first 10 to send an email, payment will be issued.

4-H Regional Day Camps

North West

Dates: July 24-25

Location: North Battleford

South West

Dates: August 14-15

Location: Swift Current

North East

Dates: July 23-24

Location: Melfort

South East

Dates: August 14-15

Location: TBD

Price for all the day camps will be \$20. These camps will be for **seven to 12 year old** members.

The day will be set up similar to a day at camp, with activities based around the four Leadership Development Pillars, a skills session and maybe even some fun campfire songs/dance in the afternoon! There will be two streams - one for Cloverbuds and one for Juniors.

Please note: All relevant COVID restrictions will be in effect during this in-person event.

We are also be looking for **senior 4-H members and adult as volunteers** to help throughout the day. Volunteers could be working with the campers in a group leader role or helping with behind the scenes disinfecting, organizing and serving meals/snacks.

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Melfort Trailblazers

Melfort Trailblazers

Career Expo

August 8, 2021

Melfort Agricultural
Grounds



A day filled with agriculture career exploration and discovery from industry experts!

For more information please email
4HEquineCamp@gmail.com

Previously known as the "North East 4-H Equine Camp"

Leader Training Sessions

Are you a current 4-H leader or volunteer?
Are you thinking about becoming one?

To help you with the Commit To Kids and Youth Safety Training, 4-H Saskatchewan will be hosting some in-person and virtual training days in the fall of 2021.

Look for confirmed dates for training in the August Monthly Update and on social media closer to September OR request one in your area!

Project In A Day Camp

Date: September 18

Age: recommended 12-16 year olds

Cost: \$20 registration, some activities may have extra costs attached (ie. woodworking)

Location: Saskatoon area (TBD)

Have you thought about trying other 4-H projects, but aren't ready to commit to a full year? Join us on for the Project In A Day Camp!

Have the chance to try a new project, without the year-long commitment! Do in-depth skill-based activities with your fellow 4-H members, while trying something new.



If you love the project, then you could decide to take it as one of your main projects for the year.

Registration will be available summer 2021 on the 4-H website.

Exploring 4-H At Home Kits

Thanks to a grant through the Emergency Community Support Fund, we have brand new Exploring 4-H At Home kits available for our 4-H clubs and members! These exciting kits will supply you with 4-H activities, supplies, and instructions to complete them. There are nine different kits which fall under the Leadership Development Pillars.

Some of the kits are already sold out, but you will be able to access some of the resources online. Learn about beef production, soil health, weather, food preservation, mental health and more! Find descriptions for each kit and order yours today at www.4-h.sk.ca/4hathomekits

The Exploring 4-H At Home Kits are supported by the Government of Canada's Emergency Community Support Fund and Community Foundations of Canada.

**Emergency
Community
Support Fund**



COMMUNITY
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DU CANADA



October is Ag Month!

Agriculture Month is a time to celebrate agriculture and share our stories about food and farming. It is proclaimed annually in Saskatchewan, providing the perfect opportunity to connect for those who grow food, and those who love to eat it. Each October, the agriculture industry works together to tell their chapters of the food story through campaigns, events and programming.

Through the celebrations, we hope to help people better understand how Saskatchewan farmers and ranchers raise their livestock and grow their crops, while engaging in authentic conversations with people from around the province. There is an exciting challenge for all 4-H'ers in the province!

Your 4-H Food Story Challenge

Show us your own food story! We want to see the whole process - from where your food starts in the field, garden or pasture to how it ends up on your kitchen table.

You can show us any part of your food story:

- **Farm Tour:** Show us where the food story begins - on your farm! Give us a tour of your own farm, be it animal production, crops or even a garden
- **Recipes:** Share your favourite recipes made with at least one Saskatchewan product. You can even give a demonstration or share photos.
- **Production:** Give a tour of where food goes to be processed for grocery stores where consumers can buy it!

You can share your food stories on social media using #4hskfoodstory and #celebrateag – more details about the challenge and how to participate will be in the Fall Bits & Pieces and on the 4-H website in September.



4-H Canada Events & Opportunities

4-H At Home Resources



Dig Into Soil

With the new Dig Into Soil Activity Book, you'll receive everything you need for fun and hands-on activities to explore healthy soils, composting, and climate change. The Dig Into Soil Activity Book is full of activities, as well as all the information you'll need to carry out a science experiments on soil health. It's easy, free, and fun for everyone!

Learn more and download your free Activity Book at 4-h-canada.ca/dig-into-soil

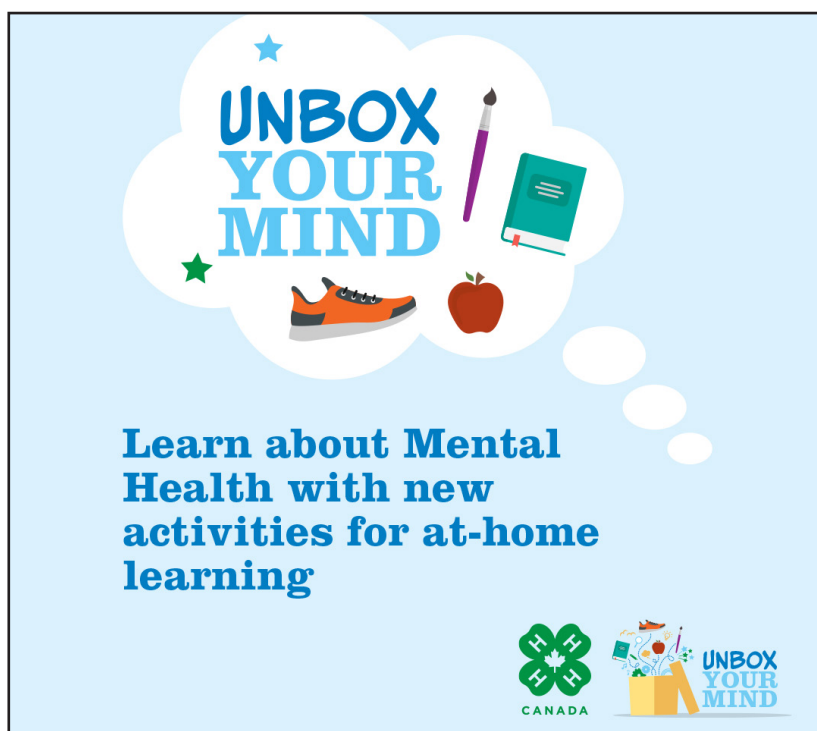
Unbox Your Mind

The Unbox Your Mind kit from 4-H Canada is perfect for youth and their families to learn about mental health at home and for leaders to use with their clubs!

This kit is available to youth members and their families, volunteer leaders, and those outside of the 4-H community who are looking for informative resources and skill-building activities.

Learn more and register to receive your FREE Activity Kit by June 30.

While quantities last at:
4-h-canada.ca/unbox-your-mind





My Plate and the Planet

The new My Plate and the Planet Activity Book is filled with exciting hands-on activities for youth to explore the food we eat!

This new resource from 4-H Canada is the final phase of the Healthy Living Initiative and provides youth with opportunities to learn about food security in their communities and around the world! The Activity Book can be used by youth individually, by families at home, or by 4-H clubs gathering virtually or in-person.

Download your copy today and learn more at 4-h-canada.ca/healthyliving/myplate

Careers On The Grow

Complete 4-H Canada's Careers on the Grow Program Survey Today!

Being part of 4-H helps prepare you for your future career, and we need your input!

4-H Canada's Careers on the Grow is a career development program where you are able to explore different career paths, utilize your skills, and gain work experience through mentorship circles, webinars and more.

4-H Canada would like to hear from you to help shape the future of the program by filling out the Careers on the Grow Program Survey in 10-15 minutes here: <https://bit.ly/2RQfUSN>

Survey closes July 5.

Have your voice heard!

What would you like to see from 4-H careers programming?



Careers on the Grow





Saskatchewan 4-H Foundations News

The Trustees

- **Dr. Angela Bedard-Haughn**, Dean, College of Agriculture and Bioresources, University of Saskatchewan and Chairperson of the Foundation
- **Taylor Wildeman**, Treasurer
- **William Cooper**, Trustee and Donor
- **Patti Durand**, Trustee
- **Shelley Jones**, Representative, Saskatchewan Ministry of Agriculture
- **Mike Kirzinger**, Representative, Saskatchewan 4-H Council

The Advisors

- **Cameron Choquette**, President, Saskatchewan 4-H Council
- **Becky Huber**, Vice President, Saskatchewan 4-H Council
- **Cera Youngson**, Executive Director, Saskatchewan 4-H Council

Many thanks to our outgoing Trustees:

- Les Ferguson
- Dr. Mary Buhr
- Duane Bristow

Featured Donor - Kati Culbertson

You may remember our past 18 year old board member delegate, Kati Culbertson.

While her dedication to the 4-H program is clear through her service as a volunteer board member, Kati has also given back financially, donating more than \$1,500 to the Saskatchewan 4-H Foundation!

This was accomplished by donating mileage, and proves how small things can add up to make a large impact.

Kati shows her 4-H pride and is always willing to strike up a conversation about the impact of the 4-H program. By sharing her stories and showcasing what 4-H is all about, Kati's enthusiasm encourages others to show their support as well.

Kati reminds us of the importance to always put your best forward, as you never know how impactful a positive conversation may be.

Thank you Kati for your service as a Board Member and for your financial support, ensuring future generations can continue to Learn To Do By Doing through the 4-H program.



For more information about the Saskatchewan 4-H Foundation, please contact:

Saskatchewan 4-H Foundation

3830 Thatcher Avenue, Saskatoon, SK S7R 1A5

Phone: 306-933-7727 | Fax: 306-933-7730 | Email: foundation@4-h.sk.ca

Corporate Donors

June 3, 2020 to June 3, 2021

The generous donations received from a variety of businesses and other interested organizations form the bulk of the Foundation's annual contributions. Corporate donors are honoured for achieving established recognition categories.

Silver Clover Club

\$10,000 to \$39,999



Bronze Clover Club

\$5,000 to \$9,999



Blue Clover Club

\$3,000 to \$4,999



Green Clover Club

\$1,000 to \$2,999

R.M. Of Enniskillen No. 3

Riverview Riders 4-H Club

White Clover Club

\$50 to \$999

Broadview 4-H Club
Canyon Rigging Inc.
City Of Estevan
District #32 4-H Council
District #41 4-H Council
District #5 4-H Council
District 40 4-H Council
Eagle Hills Multiple 4-H Club
Early's Farm and Garden Centre
Lashburn & District Combined
Appeal
Marshall Farms
R.M. Of Browning No. 34

R.M. Of Chesterfield No. 261
R.M. Of Cupar No. 218
R.M. Of Emerald No. 277
R.M. Of Hillsdale No. 440
R.M. Of Lost River No. 313
R.M. Of Lumsden No. 189
R.M. Of Mariposa No. 350
R.M. Of McKillop No. 220
R.M. Of Meeting Lake No. 466
R.M. Of Moosomin No. 121
R.M. Of Montrose No. 315
R.M. Of Perdue No. 346
R.M. Of St. Philips No. 301

R.M. Of Terrell No. 101
R.M. Of Tisdale No. 427
R.M. Of Usborne No. 310
R.M. Of White Valley No. 49
R.M. Of Wise Creek No. 77
R.M. Of Willowdale No. 153
R.M. Of Winslow No. 319
Southstar 4-H Club
Town Of Outlook
Village Of Briercrest
Village Of Meacham

What is the Saskatchewan 4-H Foundation?

The Saskatchewan 4-H Foundation was incorporated in 1960, and has played a significant role in the success of the 4-H Saskatchewan program throughout the years.

The Foundation solicits and receives donations from a wide variety of sources, and invests the funds under the direction of a volunteer Board of Trustees and a Financial Advisor. The growth of the Foundation is essential for the long-term security of the 4-H program.

The Foundation is run from the same offices as the Saskatchewan 4-H Council. The most encouraging aspect of supporting the Foundation is that the money you give today will not only support current 4-H members, leaders, and programs, but will continue to work for the benefit of future generations of 4-H members.

The Foundation is a Registered Charity and can issue receipts for income tax purposes.

Individual Donors

June 3, 2020 to June 3, 2021

The individuals below made an investment in 4-H Saskatchewan in 2020. Individual investments are cumulative as of January 1, 1991. Therefore, investors move from category to category throughout their lifetime.

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Corrections

In the Winter 2020/21 Bits & Pieces, some donors were not listed. These were:

Corporate Donors:
Green Clover Club

R.M. of Enniskillen No. 3

White Clover Club

R.M. of Terrell No. 101

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In the 2020 Annual Report, some donors were not listed. These were:

Individual Donors:
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In Tribute

Tom Travis for his 100th
Birthday!

Support The 4-H Program

Name: _____
 Address: _____
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Consider making your own gift! Your donation will support either current or future 4-H programs and ensure 4-H Saskatchewan continues for another wonderful 100 years.

You could make a donation on behalf of yourself or, for a proud 4-H supporter, make a donation in their name as a present.

Yes I'd like to support 4-H Saskatchewan!

A donation to the Saskatchewan 4-H Foundation is recognized with a charitable donation receipt. (Charitable Receipt # 119140580RR0001)

I'd like to make a gift of \$ _____

Contribution Options:

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The majority of your gift will go towards supporting the needs of the 4-H program in the upcoming year.

☐ **Future Fund**

Your donation will be used to promote leadership skill development, entrepreneurial endeavors and growth of the 4-H program.

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Your gift will be invested to support the long-term growth and sustainability of the 4-H program.

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Your gift will be directed to where it is needed most, based on the discretion of the Foundation Board of Trustees.

I'd like to pay by:

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If donating by credit card, please call the 4-H office at 306-933-7727 or donate **online at www.4-h.sk.ca**

☐ **Please check here to keep your donation anonymous**

Please mail your cheque donation to:
 Saskatchewan 4-H Foundation
 3830 Thatcher Avenue
 Saskatoon, SK
 S7R 1A5

The Value of the 4-H Program

Members of 4-H Saskatchewan and their families help preserve the values and sense of responsibility that enrich the social fabric of our communities. 4-H provides opportunities for young citizens to reach their full potential.

4-H members set goals and develop leadership skills (public speaking, decision making, parliamentary procedure, record keeping and meeting management). Through provincial, national and international programs, 4-H members can expand their knowledge and horizons. 4-H members are self-starting, entrepreneurial and adaptable.

The future of Saskatchewan is in the hands of our young people. Your gift will help meet the ever-changing needs of 4-H in Saskatchewan, its programs, opportunities and resources.

Saskatchewan
4-H Foundation



CANADA
4-H Saskatchewan

Celebrating



YEARS
1960-2020

Alumni: Continuing To Embody The Pledge

Get to know some former members who continue to “Learn To Do By Doing” in their every day lives and love 4-H. The new “4-H Profiles” section of the Bits & Pieces will include profiles from some of our alumni.

Rob Stone



Although he wasn't extremely involved in 4-H in recent years, Rob Stone has fond memories of his eight years as a 4-H member.

Stone started as a 4-H member when he was 10 years old in 1987, where he worked on a variety of different projects in his multiple club – from mechanics and small motors to beef and field crops.

“The fun part of being in a multiple club was that there was a livestock component but it certainly wasn't as beef focused as other clubs,” Stone said. “We didn't actually have beef cattle at our farm but I kept some animals to show at other's places.”

His parents put him into 4-H as they were looking for a youth program in the community, aside from hockey, for them to join and it fit into their lives. The multiple club had just restarted in the area. Stone joked that he went to his first meeting and walked away elected to an executive position. His mom also became general leader while he was a 4-H member.

Stone said 4-H taught him a variety of skills, from

record keeping and running a meeting to being organized and writing club reports.

“I think I probably did all the executive positions at the local level ... those experiences stick with me almost as much or more than the projects themselves,” Stone laughed. “You notice when you are in a room with people who don't know how a meeting is supposed to be run or how executives work or any of that stuff.”

Not only was he involved on the executive of his local club, Stone also became involved at the provincial level. He attended provincial summer camps as both a camper and counsellor, as well as attended other programs and went on 4-H travel experiences.

“I was involved with the Provincial Board of Directors for several years as a member as well,” Stone said. “It was one of those things that after a while, my drive to stay involved was as much to keep on with all of the other activities and friends I had made with the provincial side of things.”

He explained 4-H had a lot to offer him in his youth, because of all the friendships and experiences he had while a member.

“I think the opportunities to learn amongst peers you didn't know you had, to interact with people of very similar interests,” he said. “When you are in a smaller community, a lot of times you don't find those people who have similar interest and most people who were involved with 4-H come from a very similar background. So the comradery of the people that were involved and the lifelong friendships that came from that were great.”

Although he didn't immediately stay in contact with people he knew from 4-H straight out of high school, Stone said it didn't take long to re-establish those connections in university.

“We didn't even know what people were doing when they left high school but all of sudden you get into the College of Agriculture and you are like I know half the people who are here,” he laughed. “You kind of pick up where you left off with a lot of people and people who you knew 15 years ago come back into your life

for various reasons.”

Stone is a farm business owner and said he frequently comes across people all the time he hasn't seen in years. The popularity of social media has also helped him stay connected with other 4-H alumni.

Recently, Stone made a “Rainy Day Challenge” on social media. The province had been in a dry spell for weeks and farmers were looking for rain. He pledged to donate \$1,000 to a charity of his choice if it rained a half inch or more at his place by May 25. He encouraged other farmers for do the same.

He then forgot about the challenge, which grew a life of its own, until it snowed a week later. Then Stone tried to think of an organization worthy of his donation.

“A lot of people were donating to STARS, a lot of people were donating to Telemiracle, which we donate to as well,” he explained. “I wanted to find an organization that I think has a lot of potential in today's world to be very relevant and it reminded me of my 4-H experience ... You can't just focus on one thing and that was what I was trying to ... make everyone realize is there are multiple charities in Saskatchewan all the time that need support for various reasons.”

“You have the diversity and ability to pick what you want to do. That's why 4-H, to me, seems like a good opportunity. There is no one program you have to do.”

Shelley Jones

Shelley Jones has been involved with 4-H for many years. She joined as a 10 year old and stayed a member until her teenage years, taking a variety of projects, including sewing, cooking, light horse and beef.

“Outside of sports, piano lessons, youth group and chores, 4-H was what busy kids like me did growing up in my community,” Jones explained.

“One of our neighbours was the club leader, and his daughter was my friend, so I'm guessing they suggested I join. My folks would have encouraged me, too.”

Joining the organization was a positive and memorable experience. Jones said she learned hard lessons, had some great achievements and always had lots of fun.

With his love of the 4-H program, Stone encourages everyone to get involved with 4-H.

“I don't think there is any one reason why (people should join 4-H) because it really is a choose your own adventure,” Stone said. “I'm not as familiar with the program that they've got today but I would automatically assume there is a lot of opportunities to learn things, interact with people, do all of these different things you are interested in.

“You have the diversity and ability to pick what you want to do. That's why 4-H, to me, seems like a good opportunity. There is no one program you have to do.”

He also encourages those aging out of the program to keep those 4-H connections they've made throughout the years.

“I think enjoy your time off and stay connected with your peers - you never know when you might need them,” he said. “Stay in touch with the 4-H program. I haven't had a lot of contact with the program in the last 15 year, but as my kids are getting to the appropriate age to start, I am really hopefully we can look into getting a multiple club going again.

“Once you are a member of 4-H, I don't think you are ever completely out of it, he added. “The more I think about it, it makes me smile about all of the fun we had, all the things we learned and the contacts we made. I know that is a good opportunity for my kids to be able to have the same opportunities.”

“I liked learning new things outside of school, skills that were more practical and could be applied at home, in the house or on the ranch,” she said.

“And I liked hanging out with and learning from the older members, kids you typically didn't hang out with at school.”

She has a lot of fond memories of her time in the 4-H program.

“Like every young girl, I loved my horses and being in light horse allowed me to spend time with my horses outside of just working cattle,” she said. “My fondest memory, though, was when we baked Christmas cookies for community (members), decorated boxes to put

them in, and personally delivered them. It meant so much to them and really made me appreciate how little gestures like that mean so much to the folks on the receiving end.”

Although Jones is no longer a member, she is still involved with 4-H Saskatchewan. She currently represents the Saskatchewan Ministry of Agriculture as a trustee on the Saskatchewan 4-H Foundation. Previously, she represented the Ministry on the 4-H Saskatchewan Council Board of Directors.

“These experiences have been very rewarding for me, Jones said. “I joined, I believe, in 2013 and, since then, have seen tremendous progress in both the governance and operation of the organization.”

“The people involved in 4-H are still the same. They are passionate about 4-H, their communities, learning new skills, and developing tomorrow’s leaders.”

Jones said being a part of the 4-H program did help her in her career. There are many skills 4-H members learn, which help them when entering the workforce.

“4-H helped build my self-confidence by teaching me how to run a meeting, further developing my public speaking skills and understanding the importance of giving back to my community,” she explained.

Throughout the years, Jones has seen some changes in the 4-H program, but the heart of the organization has always stayed the same.

“The people involved in 4-H are still the same,” she said. “They are passionate about 4-H, their communities, learning new skills, and developing tomorrow’s leaders,” she added. “The way they do that now may look a bit different and the projects and causes they champion and support have evolved with the times – improving the public perception of agriculture for example.”

Since there hasn’t been an active Alumni program for 4-H Saskatchewan, Jones said she hasn’t formally connected with other former 4-H members, but they have kept some connections alive.

“Studying agriculture at the University of Saskatchewan brought a lot of us together,” she said. “We continue



to stay connected through industry associations and events, working together at the ministry and socially.”

Since 4-H brought her a lot of great experiences and skills, she encourages youth to join the program.

“It’s a place outside of school and home to learn life skills, build relationships and develop as a caring, compassionate and accountable leader,” Jones said.

As an alumni, she encourages those aging out of the program to continue being involved, as you don’t have to quit 4-H even though you aren’t a member anymore.

“Look for the next opportunity to continue your leadership development journey, capitalizing on the skills you have learned and the experiences you have gained through 4-H,” Jones advised. “Give back, to 4-H as a leader or volunteer, or other organizations who need people like you to make their communities and our world a better place.”

She also said the motto is a great life lesson for all 4-H’ers, old and young, to embrace.

“Continue to learn, continue to grow. If 4-H taught me anything, it is that you’ll always learn more by doing – so just do it!”

Volunteer Leaders: The Lifeforce of 4-H

We want to help our membership get to know some of the people who give their time and expertise to the organization. This is why the new “4-H Profiles” section of the Bits & Pieces will include profiles from some of our hardworking volunteers. If you know someone who you’d like to see featured, please contact the 4-H office.

Amy McInnes

Amy McInnes is the general leader of the Boreal Rangers Outdoor Adventure 4-H Club in the Prince Albert area. She currently leads the Canine Project and is working on a new, exciting 4-U project around Indigenous Culture for 2021-22. Both of Amy’s children, Aiden and Addison, are 4-H members and Amy herself is an alumnus.



Q. When did you become a leader?

A. I took over as General Leader when Angie Letendre stepped down as leader for Boreal Rangers Outdoor Adventure 4-H Club four years ago. We started with Outdoor Adventure and branched off after a few years to include Sustainable Living (Going Green). Last year we added Canine as a member requested it. During COVID we added Drama to try something new that adapted well to online learning. Over the years other leaders have joined us and we now have a total of five project leaders, including myself.

Q. Why did you decide to get involved in 4-H as a leader?

A. We put our son into 4-H and he enjoyed it. I offered to take over when Angie stepped down as I was a member as a youth. I love 4-H and know some of the skills I learned as a youth in 4-H serve me as an adult.

Q. What is the most rewarding part about being a leader?

A. I love to watch the progress of the members. To see members who were scared to do public speaking become confident speakers. I see them grow and show interest in learning new things. That is the best part of being a leader.

Q. Do you have any mentors you have looked up to in your leader role? Why is support important?

A. I am lucky to call Angie Letendre (my club’s past general leader) a friend. I still chat about 4-H with her. I also have developed a relationship with most of the 4-H Saskatchewan staff. We are lucky to have them! Outside of 4-H I have had several mentors who taught me the importance of conflict resolution, teamwork and adapting to changing circumstances. I always have a plan, but over time I have become more flexible and as long as learning goals are met I am flexible how we get there. Having support and a strong team make 4-H the amazing youth program that it is.

Q. What do you think makes a good leader?

A. I think the best leaders are those who listen to their team and allow other voices to be heard. Leading by example and offering opportunities to learn and grow. Give the kids a voice and they will tell you what they need and want.

Q. What types of challenges have you faced as a 4-H leader and how have you overcome them?

A. When I started I set a plan and was pretty rigid. It ended up being more stressful for all. I would get frustrated

if members or families did not meet timings or objectives, feeling like I had failed. When I embraced that learning to do by doing included all aspects, including meeting timings or meeting goals, being a leader became more enjoyable. I now am happy to see progress and let go of expecting perfection. We embraced “learn to do by doing” and “Adapt and Overcome” fully!

Q. What projects do you lead?

A. I currently am General Leader, Canine project leader and I am working with others to develop an Indigenous Cultural project. We will pilot it as a 4-U project in the 2021-22 season and hope to start working on a project manual during that time as well. We work with a few Elders and hope to expand our experiences with the new project. In the past I have also led the Outdoor Adventure project.

Q. What is it like leading your projects?

A. I like the challenge of finding cool ways to connect to the provided material. Last year Addy was on her own, so we had a lot of flexibility and we were able to talk to the vet and techs when our dog had surgery, the breeders taught us about grooming, and we took our dog on hikes, camping and canoeing among other activities. This year we were excited that there are three members in the group. Due to Covid we have done most of our project meetings online. We have covered housing, health, feeding records/record book and anatomy using a dry erase/caulk board over zoom. We hope to use that tool more in the future. We did go on one hike as a group, socially distanced of course. We introduced our dogs and had a nice hike with no dog fights!

Q. What is one piece of advice you would like to give other leaders?

A. The biggest piece of advice: set your own agenda aside. If you are not focused on the kids and meeting their needs, it is not the place for you.

Q. Can you tell us a little bit about what your field trips and interesting experiences mean to your members?

A. So many cool opportunities! I like to think the members value these experiences, but honestly you would have to ask them. I have heard that they love what we offer. I hope they are making memories and learning skills to help them as they grow up.

Q. Can you tell us a little bit about some of the experiences your members have had?

A. We have had alumni (Noah Letendre) teach safety and preparedness in hiking, we had the fly fishing group teach us how to make our own fishing lures (wooly buggers), we have foraged our own food, went geocaching, for wildlife we have been so grateful to go several years to owl banding and watch peregrine falcons fledge and hunt. Some of those offered once in a lifetime experiences! In other years, the group was taken out with a conservation officer to check out bear dens. This year, we embraced the wolves, and that has been so cool. One member has even done a focused wolf study this year and hopes to learn more about wild animal rescue and wolf behaviour. He will be going soon to help with baby wolf pups! The club hopes to volunteer some time out there as well. We have actively taken part in opportunities that we found through 4-H, like the Find Your 4-H Wings and soil projects and the amazing 4-H at home resources that were developed both at 4-H Saskatchewan and 4-H Canada. The online offerings have been so cool to keep everyone going while so much is shut down. We are planning a canoe trip this spring. We have been preparing for it for years, and had to postpone because of Covid. Cross your fingers we can gather safely and practice the skills we have been working on! I love all the materials provided too and connecting what we are teaching to the prior knowledge they already have.

Q. You have also participated in activities from other organizations as well?

A. We connected with Ag In The Classroom for several of their resources. I am always looking for fun new things to try! We are just starting a four year partnership with the U of R and Water Rangers to do water testing and offer citizen science to add to a database that conservationists, scientists and decision makers can draw on to maintain our water's safety. Our family committed to that project, but we intend to share info with our 4-H family. We are partnered for our second year, with David Suzuki Foundation's Butterfly way project, where we

learn about pollinators and plant pollinator patches introducing native plants into spaces. We will volunteer at community gardens with Elders. We challenged our members to do the 1000 hours challenge where they are encouraged to spend 1000 hours outside in a year. Some of our members are well over 250 hours despite it just getting to nice weather.

Q. Are there any interesting stories from being a leader you'd like to share?

A. Watching the awe on a member's face as they connect with wild life. One time we were watching a hunt and a peregrine falcon lost it's first duck in the reeds (due to wing span it could not get down there to finish the job). It then swooped back up, grabbed another duck in the air and rode it to the ground. Literally a few paces in front of the members. Once in a lifetime experience. The members still talk about it! I also will never forget our kids holding wild owls or releasing them safely. Such pride! The best stories are when the kids are really into something and you know you helped make that happen, you are fostering inquisitive minds and helping to teach kids to ask questions and explore, not just accept things as they are but to really understand how and why things are done.

Q. Anything else you'd like to mention?

A. We are so grateful to Sask Outdoors for funding and offering courses like Project Wet, Below Zero, Flying Wild and Project Wild. These courses were so much fun! I hope to try some of the lessons with 4-H. I took many webinars this past winter. Thank you also to Eco Friendly Sask, who offered funding to us when we do trash pick up annually. I love fundraising in ways that help the community and environment! Thanks also to 4-H Sask and the grant we got to do our canoe trip. We are thankful we can rent equipment and include members who do not have their own equipment. Inclusivity is very important to me. Always keep an eye out to find new ways to engage the youth! Listen to their wants and what motivates them... then ACT!

Susan Avramenko and Paula Beattie

Susan and Paula are both leaders in the Melville Town 'N' Country 4-H Club – Susan is the 4-U Project Leader and Club General Leader and Paula is the 4-U Assistant Leader They also sit on the District #13 4-H Council, where Paula is the President and Susan the Treasurer.



Q. When did you become a leader?

A. Susan has been a leader for 18 years – she started in Alberta and then continued in Saskatchewan. Paula has been a leader for 13 years and she started when she moved from England to Canada.

Q. Why did you decide to get involved in 4-H as a leader?

A. Susan started because the club her kids belonged to need more leaders and figured why not (because) 4-H is a program she believes in. Paula wanted her children to join a local club, as at that time they had horses and it went from there.

Q. What is the most rewarding part of being a 4-H leader?

A. Susan: Watching the kids gain new skills and confidence in the "Learn To Do By Doing" part of the program. Paula: Watching the youth

grow in confidence and explore the opportunities offered. (Members') enthusiasm for all things new helps us remember there is more to life.

Q. Do you have any mentors or anyone you have looked up to in your leader role? Why is it important to have support in your role?

A. Susan: Melodi for her enthusiasm and her unending source of energy. Paula: Melodi the South East Regional 4-H Specialist. Her enthusiasm and energy are perfect for her role. You need to have someone to "go to."

Q. What do you think makes a good leader?

A. Susan: Someone who will help others side by side and not take over, who will listen and not ignore. Paula: I believe a good leader needs to have patience and the time to be a leader, you need to be interested in what you are doing to give it your best.

Q. What types of challenges have you faced as a 4-H leader and how have you overcome them?

A. We have been through a club split, which was quite stressful and upsetting. We have also organized provincial, regional, district and club events. Each present their own challenges and can take up a lot of time, but with a good team/committee the results are rewarding in themselves.

Q. What projects do you lead?

A. We both lead the 4-U Project, which we have adapted to suit our members (who are) mostly Cloverbuds and Juniors. Each year we pick a theme (Transportation, Medieval Times, Science and technology, Let's Get Creative) and go from there.

Each meeting, a family is in charge of preparing and leading the meeting. This helps give the members confidence and leadership skills. It can be fun and challenging, you never know what is going to happen.

Q. Why did you choose to lead it?

A. We had previously run a sheep project together but as our membership (declined) we decided to come up with another project not only for "farm kids" but something for everyone and our 4-U was born.

Q. Why do you think the two of you make a great team?

A. We met when we both moved to the same area around the same time. We have similar interests and obviously love to keep busy. We get on well, are able to discuss things and bounce ideas off each other. We also love a road trip!

Q. What is one piece of advice you would like to give other leaders?

A. Be versatile, creative and seek advice when needed.

Q. Are there any interesting stories from being a leader you'd like to share?

A. We had the opportunity to represent Saskatchewan at the Alberta Leaders Conference. It was a great honor and we had lots of fun doing it.

Q. Anything else you'd like to mention?

A. As a leader, explore the opportunities outside your club level. There is so much you can do, not only for your club and members, but for yourself. Consider being a chaperone – you get the chance to visit places you would not normally do and meet lots of people.

4-H Saskatchewan and SCA partnership Renewed

4-H Saskatchewan and the Saskatchewan Cattlemen's Association are proud to announce their renewed partnership, designed to support future generations of the beef industry and promote the great work beef producers are doing across Saskatchewan.

The two organizations will be working together during the next three years, with the Saskatchewan Cattlemen's Association contributing a total of \$60,000 towards scholarships, industry events and educational resources for young producers within the 4-H program.

Through this partnership, 4-H Saskatchewan will be able to provide the resources, training, and support to enhance the knowledge of its young producers and empower them to become the future leaders of the beef industry.

"SCA's role is to promote and develop the cattle industry in Saskatchewan. 4-H develops many of the leaders of tomorrow," said Arnold Balicki, SCA Board Chair. "This partnership has both organizations aligning to ensure Beef Symposium and other beef events contribute to improving the skills, knowledge and abilities of tomorrow's beef producers."

The partnership encompasses many aspects of the beef industry, encouraging youth to expand their knowledge by gaining confidence in their beef projects and learning communication regarding their projects.

Further to this, the 4-H program focuses on hands-on learning, through events such as Beef Symposium, and encouraging young producers to utilize the tools available through industry groups, such as Canada Beef, in an effort to support future beef producers.

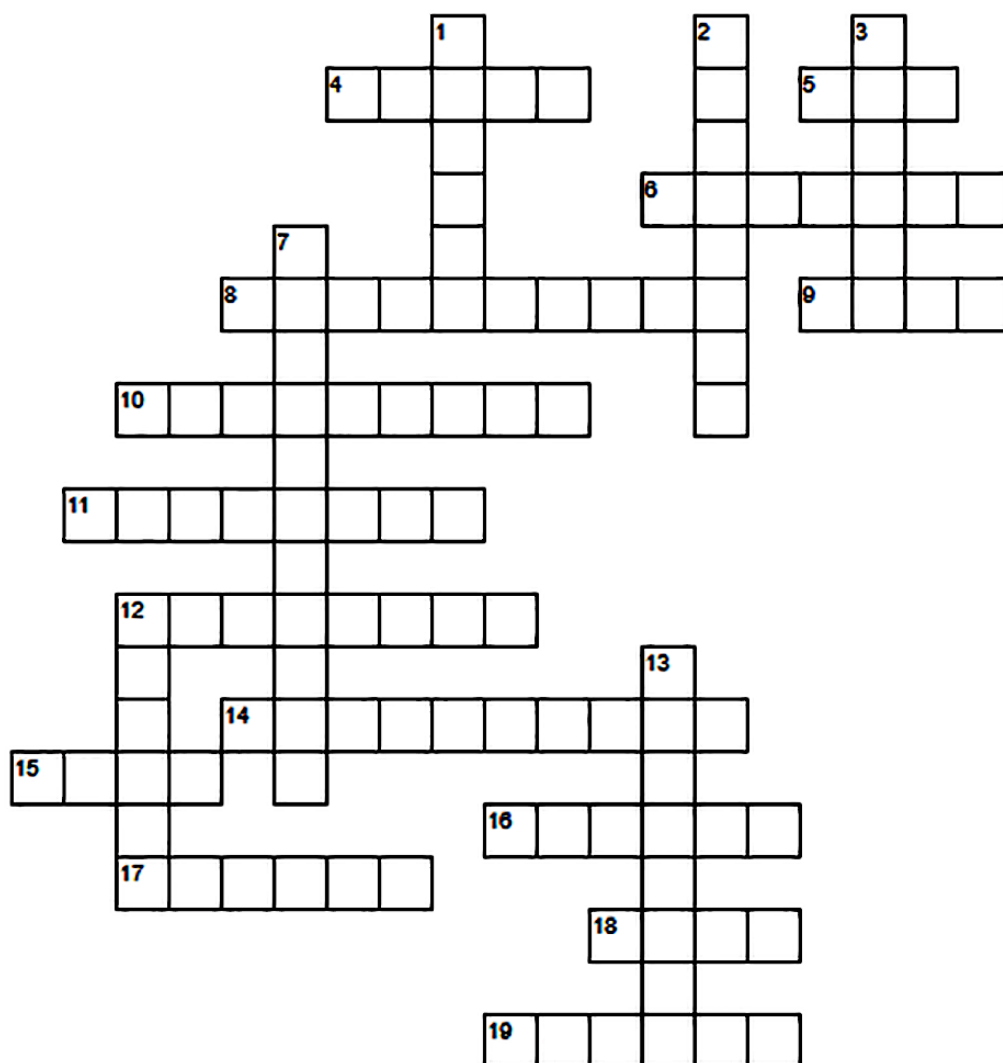
"4-H Saskatchewan recognizes the importance of beef production to our province and our country," said Cera Youngson, Executive Director of 4-H Saskatchewan. "We know the care our beef producers take in raising their animals while supporting sustainable grassland ecosystems, which is why we are proud to partner with the Saskatchewan Cattlemen's Association to support the next generation of sustainable beef producers."

"We look forward to working with the SCA to empower our future leaders through the 4-H program. This partnership will ensure our membership continues to learn the skills and knowledge to raise quality beef while caring for their livestock and their environment."

To kick off the partnership, 4-H Saskatchewan is launched their annual Online Beef Trivia Challenge. The Trivia Challenge was open to all 4-H'ers, regardless of involvement in the beef industry, until June 1. It saw 4-H members answering questions about the beef industry, using the SCA website and other resources.



Beef Crossword Puzzle



Across:

4. castrated male cattle that cannot reproduce
5. mature females that can or have reproduced
6. the process of getting young accustom to food other than milk
8. process of removing the testicles from the male
9. large group of animals
10. typical cattle of Europe that are adapted for cooler weather
11. traits that come from the mother
12. abnormal or difficult birth
14. cattle adapted to hot climates also called zebu
15. mature male cattle that can reproduce
16. pertaining to bulls, steers, cows, heifers, and calves
17. these cattle do NOT have horns
18. very young cattle, too young to reproduce(baby
19. long hair at the end of the cows tail

Down:

1. Young female that has not had offspring
2. traits that come from the father
3. gentle or easy to handle
7. the act of giving birth
12. flap of skin that hangs beneath the jaw
13. Mammals that can acquire nutrients from plant-based food in their 4-chambered stomach



Answers can be found at <https://bit.ly/3uX0yJs>

Club and District News

4-H'er Wins Edwards School Of Business Award

A young 4-H member turned her passion for 4-H and the beef industry into cash this year.

Mia Mackie was a winner at the Get A Bigger Wagon Young Entrepreneur Awards. This award was presented as part of the 14th annual Gordon and Maureen Haddock Entrepreneurial Speaker Series held by the Edwards School of Business. She competed in the "Children Aged 10-12" category.

Some friends of the family told Mia about the awards and another member in their 4-H club won it before for a presentation about raising his chickens. Since Mia has been working with cattle almost her entire life, she thought it would be the perfect thing to enter.

"I got my first calf when I was three years old and I've tried to expand my business every year," the 11-year-old 4-H member said. "Agriculture is important because we feed the world."

To enter, Mia had to make a video presentation to submit, which she said her 4-H public speaking experience helped her in writing and explaining her company. In her presentation, Mia explained how her business, Reverse 7M Cattle Company, brings food from the pasture to the plate.

"My herd consists of a one dairy cow and a couple of beef cows," Mia explained. "I use the dairy cow in the spring to raise orphans and raise quality beef (with the beef cows)."

Mia had to discuss how the beef industry works, as the judges were not familiar with what goes into running a cattle company. She explained in her video presentation how she feeds her steers all winter and then sells them in the summer as beef. She also mentioned her 4-H steers are part of her herd.

Since her favourite thing is "branding and moving cows on my horse," Mia loves her life on the farm.

"I like the cattle business because there is a lot of great people and we feed people," Mia said. "I love ranching and I wouldn't trade this lifestyle for any other in the world."

She already has some plans for the \$750 prize money. Mia hopes to buy a sewing machine to start up a second business. She's thinking about making scrunchies to sell.

After winning this award, Mia has some advice for other Junior 4-H members.

"Just keep trying and do the best that you can."



Pictured above: Screengrabs from Mia Mackie's video presentation.

Reno Multiple 4-H Club Scavenger Hunt

The Reno Multiple 4-H Club enjoyed using the Exploring 4-H At Home kit they ordered. They ordered the "Community Treasure Hunt" kit. Cloverleaves were hid around Consul, with letters on them. They had to unscramble the letters when they got back. The hunt ended at Manley's Bakery, where they had a treat of homemade donuts!

Kits are still available to order! Visit www.4-h.sk.ca/4hathomekits to order yours today!



Learning the Benefits of 4-H Friendships

By Tiara Thiessen, North West Member Ambassador

Over the years as a 4-H member I have been able to make extraordinary friends from all across the province, the country, and even the world.

There's a saying about 4-H friends, "4-H friends are the best friends." I believe it's true. The people I've met through 4-H are some of the most interesting and good hearted people out there.

I always say 4-H is a way of hand selecting the best of the best people out of every nook and cranny that hides in the cities and the tiny towns that most people haven't heard of. These people always tend to light up the room wherever they go. You may meet them by being partners on a group project at an event, sharing a room, or by accidentally taking them out when you mess up while line dancing steps at a 4-H dance.

No matter how you meet them these people make you feel comfortable and welcome right away. In true 4-H fashion they'll probably ask what projects you're in, or start a conversation about agriculture.

I'm not sure if it's a skill learned through 4-H or if we just tend to have similar interests, but when you get 4-Her's talking it's hard to get them to stop. Unless of course you yell out a loud boisterous "FOUR" in which you will almost immediately hear the room go quiet as everyone else echos back "H."

One of my favorite things about 4-H is the people I've had the opportunity to meet. Such hard working, talented, creative, kind, and funny individuals. These people in a matter of a few hours, at an event, have become my best friends. They're the most supportive people and I'm very thankful I got to meet them. We have had lots of good times and I know they're always there for me, even if they live hours and hours away from me.

Having friends that live far and wide that you don't see often is something you learn a lot from.

You learn to appreciate the time you get with people. You learn how to communicate and support others when you can't always be right there. They teach you about different lifestyles, cultural norms, and interests.

This year with the coronavirus shut down I was very thankful I had 4-H teaching me to figure out things by experiencing them for myself. 4-H gave me friends that were able to support me while being miles apart. When we went into lock down times weren't as lonely when a 4-H friend was just on the other side of the phone.

4-H friends are special as they aren't always the ones you see but are the ones that are always there for you. I would highly recommend that you attend any and all 4-H events possible to expand your 4-H friend database. These people are few and far between.

I'm sure many 4-H'ers can agree that it was unfortunate we couldn't gather together and share the food and comradery that go with 4-H events but you can't hold a 4-Her down. They will adapt and overcome and "Learn to do by Doing" no matter what the situation.



Tiara Thiessen (right) with her friend Jessica Davey at Prairieland Youth Leadership Conference in 2019.

Looking for Tie-Downs?

50 cents from each "We Love Canadian Agriculture" tie-downs sold by Canyon Rigging will go to 4-H! Check out their website at canyonrigging.com

4-H Clubs Try Virtual Events During COVID

By Amy Edwards, Leader, Arborfield Multiple 4-H Club

With COVID impacting how we were able to proceed with our 4-H cooking project, we realized we wouldn't be able to do things how we normally would and thought "how can we still continue with this project?"

So I thought we can try zoom! Although we couldn't meet in person, this was a great alternative. We had seven kids in this cooking project and made things from pizza, muffins, tortillas and burgers to iced cookies, all from scratch! Each child was in their own kitchen, at home doing their projects on their own for the most part, unless they needed assistance from a parent.

We met every two weeks and did an "Iron Chef challenge" spinning wheel. This is where each child had to make one meal from various foods(wherever the wheel landed on) and present for the next class. The kids had some pretty amazing dishes they created for this. At the end of our project the children were to make what they'd call "the ultimate dessert" and present pictures for our last class for part of their final project.

Another project the kids did was to cook a dish that represents their heritage, everything looked delicious. We present our pictures in Facebook messenger for all our group to see, then discussed as a group about their creations. The kids made, ice-cream cake, cheesecake brownies, buttermilk pie, cookie pizza, cupcakes, pistachio pudding and a double layer cheesecake, all from scratch!

The other part of their final project is to create a cookbook of their recipes they made on their own, without the group, which they are still working on. Although it's not ideal to do a project this way, we made it work and the kids had fun!



Educational Wolf Outreach Continues For 4-H'ers

Aiden and Addison McInnes, from the Boreal Rangers Outdoor Adventure 4-H Club, have continued to volunteer to work with wolves from "A Wolf Adventure" educational facility. They have enjoyed their time with the new cubs this spring.



Gaining Skills and Experience From 4-H



By Grace Christensen, South East Advisory Council Member

As I enter my 12th and final year of 4-H, I look back on my experiences and all the skills I have learned and I know I would not be who I am today if I weren't a member of 4-H.

During the course of 12 years, I have learned many skills, which will greatly impact my future as I head off to college in the fall. If it had not been for 4-H, I would not have gotten to experience another province, met so many new people, expand my knowledge of the program and been able to accomplish so much over the years.

I have been involved in 4-H for a very long time – what feels like forever – so I have come to appreciate the diversity of the program, even though I have only ever been in a beef club. Many people believe that 4-H is only “cows and horses” when really there is a vast array of projects that people may not have even heard of.

I am so grateful that I got to attend AGM in 2019, and again in 2021 – even though it looked very different this year – because there is so much you can learn from this event, about not only 4-H in general but the surrounding regions, clubs, and initiatives that 4-H is taking in order to impact youth across the province.



Also, if you don't already know, you can start your very own project AND your own club! How cool is that? If you or someone you know, wants to be in 4-H, but don't see a project that interests you or even a club near you, all you need is four members and someone to be the leader and you can make it whatever you want!

It amazes me how much 4-H continues to grow and develop. If I had not wanted to become more involved in the program, I wouldn't have understood just how much work and dedication it takes to keep 4-H the amazing program that it is.

I know from experience, one of the scariest parts of 4-H for a long time was public speaking. I also know that this is still the case for many younger members. I am here to tell you that there is no need to worry! As you keep coming back each year, you become better and better. Soon you will be a pro at public speaking! I have also learned practice makes perfect.

The more you practice and rehearse your

**OPEN UP A WORLD
OF POSSIBILITIES.**

SaskTel 
Today is the day

speech, the easier it will flow. It will feel less intimidating getting up in front of an audience and speaking. Even going as far as practicing in front of the mirror again and again, as well as speaking in front of your family members, gets you even more practice before the competition.

Being in a beef club has only strengthened my love for cattle and passion for agriculture. I have seen the growth in youth participation and immersion in the agriculture industry. Growing up on a farm, along with my experience in beef 4-H, I have been accepted to Lakeland College in Vermillion, Alta. I will be taking Animal Science Technology Beef Major. I will be able to take all I have learned in 4-H and on the farm into a career I love.

Nevertheless, no matter what challenges you face throughout 4-H, the experience and skills you learn far outweigh anything you may need to overcome. Learning how to push through challenges and move forward to achieve an end goal is a great skill, as well as the obvious public speaking and record keeping skills. I would also recommend finding out how you can become more involved in the 4-H program, gaining even more experience and meeting new people, as well as learning about 4-H on a provincial and even national level. It is so rewarding.



Thank-you To Bar Over HC Livestock



Bar Over HC Livestock is a Cargill Feed dealer that provides nutrition and management consulting in the Moose Jaw area.

The Moose Jaw 4-H Beef Club would like to thank them for their generous donation which will go towards the upcoming Achievement Day and learning workshop.

In the fall of 2020, they ran a promotion with their mineral sales by donating \$1/bag to a local 4-H club of the purchasers choosing.

Moose Jaw 4-H Beef Club was fortunate to be one of the clubs to receive funding from this promotion for a total of \$349.

Bar Over HC Livestock is owned and operated by Kelly and Julie Anne Howe - alumni of the 4-H program, active Leaders and 4-H parents.

Other local clubs to receive donations (total of \$700) from this program were:

- Missouri Coteau Multi Club
- Old Wives 4-H Club
- Rockglen 4-H Beef Club
- Longlaketon Multiple 4-H Club



Provincial Program Sponsors

Premiere

\$100,000+



The Ministry of Agriculture supports 4-H in providing leadership development and agriculture education opportunities through the Canadian Agricultural Partnership, a cost-shared initiative between the federal and provincial governments. The Ministry of Agriculture's commitment includes an annual grant, as well as significant in-kind contributions of office space, supplies and services. They also provide a representative to sit on our Board of Directors.

Champion

\$25,000 - 100,000



The Saskatchewan Lotteries Trust provides funding through the Saskatchewan Parks and Recreation Association grant program to help fund our 4-H programs.



The Western Producer is a long-time supporter of 4-H Saskatchewan. They provide us with in-kind advertising in their publications, as well as lottery prizes and a scholarship for members.



Nutrien has a focus on moving the agriculture industry and the world forward. They provide annual funding to help with 4-H programming and are the title sponsor of 4-H Saskatchewan camp programs.

Outstanding

\$10,000 - 24,999



Developing and promoting the beef industry in Sask.



Agriculture and Agri-Food Canada

Providing youth development programs through Agri-Competitiveness Program.



At BASF, we create chemistry for a sustainable future.



Working to help farmers grow food more sustainably.



Working to nourish the world and help it thrive.

Presenting

\$5,000 - 9,999



Supporting

\$1,000 - 4,999

Boehringer Ingelheim
Canadian Association of Farm Advisors
Kinsmen Club of Saskatoon
Ranch Country Meats
RBC
Ritchie Bros.

Saputo
Saskatchewan Horse Federation
SeCan
Syngenta
SaskTel
TC Energy

Contributing

\$250 - 999

Canyon Rigging
Northland Livestock

Tradex Commodity Group Inc.

Calendar of 4-H Events

Equine Symposium	July 10	Lloydminster
4-H Canada AGM	July 13	Virtual
North East Summer Day Camps	July 23 & July 24	Melfort
North West Summer Day Camps	July 24 & July 25	North Battleford
Beef Symposium	August 7	Melfort
Melfort Trailblazers Career Expo	August 8	Melfort
South East Summer Day Camps	Aug. 14 & Aug. 15	Rouleau (tent)
South West Summer Day Camps	Aug. 14 & Aug. 15	Swift Current
Provincial Judging	August 21-22	Lloydminster
Project In A Day Camp	Sept. 18	TBD
Science Day	Oct. 8	Saskatoon
Show Your 4-H Colours Day	Nov. 3	Everywhere
Club Week	Nov. 1-7	Everywhere
AGM	Mar 19-20, 2022	Saskatoon
Provincial Public Speaking	April 16, 2022	Middle Lake

Deadlines

Video Contest (supported by Save-on Foods)	July 4
Equine Symposium Registration	July 5
Careers On The Grow survey	July 5
North East Summer Day Camp Registration	July 16
North West Summer Day Camp Registration	July 16
Beef Symposium Registration	July 30
South East Summer Day Camp Registration	Aug. 6
South West Summer Day Camp Registration	Aug. 6
Project In A Day Camp registration	Sept. 6
Science Day registration	Sept. 27
Leader Screening	Oct. 15
Pumpkin Growing Contest	Oct. 25
Club Registration	Nov. 15
YAC Application	Nov. 30
Hall of Fame Nomination	Dec. 31
Resolutions	Dec. 31

Youth Advisory Committee Position

Accepting Applications For Saskatchewan Members

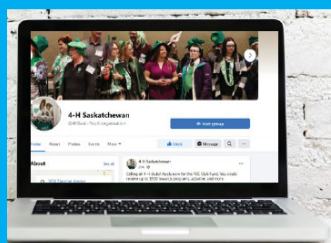
Applications for the YAC position can be found on the 4-H Saskatchewan website.

Deadline to apply is November 1. You must be 18-25 years old and have at least two years of experience as a 4-H member.

Learn more about the position on page 22!

Follow your Regional 4-H Specialist on Facebook!

Want to stay in contact with your Regional 4-H Specialist? Follow them on Facebook!



Use the search bar to type in their page name!

- For Kalyne Martin, search "North West Regional 4-H Specialist"
- For Shelby Longworth, search "North East Regional 4-H Specialist"
- For Kaitlyn Keller, search "South West Regional 4-H Specialist"
- For Melodi Hawkesford-Lee, search "South East Regional 4-H Specialist"

Want to stay up to date with the latest news and information about 4-H events and activities?

Monthly 4-H Update



A 4-H Update is released on the 4th of each month. It contains need-to-know information on upcoming 4-H opportunities and deadlines. There is also a calendar of events that is easy to print before a club meeting!

You will find the update on the 4-H website homepage!

4-H Fun!

Don't miss out on these exciting
IN-PERSON events this summer and fall!

- **4-H Summer Day Camps**
page 24
 - **Beef Symposium**
page 23
 - **Equine Symposium**
page 21
 - **Project In A Day Camp**
page 25

4-H Saskatchewan Club Week

November 1-7

Show us your **community** and
4-H spirit by volunteering in your
community!

Join us in a province-wide **BINGO**
challenge!

Also, don't forget to show your 4-H
spirit on Show Your 4-H Colours Day
on November 3!

More information will be available
in the coming months on the
website and in the Monthly Update!

Connect with us



www.4-h.sk.ca



4-H Saskatchewan



@4HSask



@HaroldTheHare

Publication Mail Agreement #40065736

RETURN UNDELIVERABLE ITEMS TO:

Saskatchewan 4-H Council
3830 Thatcher Ave
Saskatoon SK S7R 1A5