



Exploring 4-H at Home



Environment & Healthy
Living

Pillar: Environment & Healthy Living

Project: Outdoor Living

Activity: Leaf Prints (44)



CANADA
4-H Saskatchewan

**Outdoor
Living**

Activity
Guide

Leaf Prints

Topic: Trees and plants

Learning outcomes:

- To identify and appreciate local trees.
- To be creative.

Materials needed: Leaves, paint, paintbrushes, paper, field guide to trees, and nature journals (optional).

Time: 30 minutes

Instructions:

1. Take your group on a short hike and point out a variety of tree species, or have older members identify trees with a field guide.
2. Allow members to collect different varieties of leaves that have fallen to the ground.
3. Once all of your members are done collecting, set up an area for painting.
4. Members can make leaf prints by painting the leaf and printing it onto paper. Members can label the types of leaves they collected in their nature journal, or make an artistic painting with their leaves.

Safety considerations: Make sure your members are aware of plants that can cause rashes – refer to All Things Green: An Introduction.

Processing prompts:

- What is your favourite tree? Why? What do you like about it?
- Why do you think these trees grow so well in this area?
- What resources do trees provide? Who uses these resources?
- What are trees used for when they get cut down? What do you use trees for?

Processing activities:

- Draw the tree that the leaf came from and write a poem about it.
- Have the members write a description of the tree in their nature journal.